



DEPARTMENT OF THE NAVY
BUREAU OF NAVAL PERSONNEL
5720 INTEGRITY DRIVE
MILLINGTON, TN 38055-0000

1220
Ser B3/ 11574
20 Jun 23

MEMORANDUM

From: Director, Military Community Management (BUPERS-3)
To: Commander, Navy Recruiting Command

Subj: TEMPORARY CHANGE TO THE NAVY EXPLOSIVE ORDNANCE DISPOSAL
PHYSICAL SCREENING TEST STANDARDS FOR ENLISTED CANDIDATES

1. This Memorandum for the Record authorizes the temporary change to the Navy Explosive Ordnance Disposal (EOD) enlisted Physical Screening Test (PST) in accordance with MILPERSMAN 1220-410. The temporary change will only affect the combined run and swim time. The new combined run swim time is $\leq 21:46$ vice $\leq 21:00$.

Temporary change to EOD PST Minimum Standards

Swim	Swim+Run $\leq 21:46$
Push-ups	50
Curl-ups	50
Pull-ups	6
Run	Swim+Run $\leq 21:46$
NOTE: Swim and Run times will be added together and must be equal to or less than 21 minutes and 46 seconds. Individually, the Run or Swim time cannot be more than 12:30	

2. This temporary change applies to all enlisted Navy EOD candidates to receive an enlisted contract and maintain eligibility in the program throughout the initial training pipeline. This change will remain in effect until rescinded by Director, Military Community Management (BUPERS-3).

3. Points of Contact: Naval Special Operations Enlisted Community Manager (ECM), [REDACTED] BUPERS-329, 901-874-4433 or EOD
ECM Technical Advisor [REDACTED]
BUPERS 329F, 901-874-2827.

M. L. BURD

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COMNAVEXPDCMBTCOM
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