

## Officer Candidate School

Ensure you work with your local Officer Recruiter, Command Career Counselor (enlisted applicants), and the SEAL Officer Community Manager (OCM) to assure your package is complete. For more information about OCS visit [Navy.com](http://Navy.com) or the [OCS website](#). SEAL Officer applicants desiring to gain their commission through OCS must submit an OCS package to their Officer Recruiter and an NSW Officer package to the SEAL OCM. Please review the [SEAL Officer OCS Application Sequence of Events chart](#) for further information about the application process for both Navy Recruiting Command and NSW. All enlisted applicants must be on permanent active duty throughout the selection process.

**For enlisted SEAL interested in applying for OCS, the SEAL Officer Selection Panel is targeting Sailors that are E-6 and junior who have not completed their LPO milestone tour.**

### References

[OPNAVINST 1420.1B](#) (Chapter 4)

[MANMED P-117](#) (Chapter 15) Section 105 – Medical Requirements

[MILPERSMAN 1210-220](#)

[PA 100D SEAL OCS](#)

[MILPERSMAN 1220-410](#) - PST requirements

### SEAL Officer Application Contents

1. Officer Data Card: must be returned to the SEAL OCM as Excel file in this [format](#).
2. [PST Results Form](#): test should be administered by a SEAL Mentor or qualified Naval Special Warfare tester. PST should be conducted within 6 months of package submission.
3. Resume or Curriculum Vitae. There is no specific format required. **Include accurate contact information.**
4. No more than two (2) Letters of Reference (LOR): [This is the official format for LORs](#).
5. Official College Transcript (Applicants must have a bachelor's degree). Please do not mail transcripts to the OCM office. PDF copies of official transcript is acceptable for the application.
6. [DD2807](#): accessions medical. Civilian applicants should request it from their recruiter or processor. Please ask about the SOAS medical form prior to completing the DD2807.
7. [DD2808](#): medical exam stamped "PQ for diving duty". **\*\*Dive medical officer signature is preferred but not required on physical to attend summer cruise but is required for final accession into NSW\*\***
8. Commanding Officer's Endorsement Letter: [example](#). **\*\*Active Duty Only\*\***
9. N3M Letter obtained from Naval Recruiting Command (NRC) after reviewing your MEPS Physical. **\*\*Civilians Only\*\***
10. Last four evaluation reports. **\*\*Active Duty Only\*\***
11. SOAS Medical Screening Form. Form is required to participate in SOAS. Please contact the SEAL OCM or the SOAS Program Manager for a copy of the form.

**\*\*Submit Package via Officer Recruiter and notify [SEAL\\_Apply@navy.mil](mailto:SEAL_Apply@navy.mil) of package submittal.\*\***

**\*\*Please submit all package items as individual PDF files.\*\***

**\*\*Please encrypt any e-mails containing PII and ensure compliance of your command's PII guidance. If you do choose to send unencrypted e-mails containing your PII understand the risk involved.\*\***