

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

This Summary of Changes provides a brief description of changes made to Navy Uniform Regulations (NAVPERS 15665I) since the last update of 18 December 2020. The changes identified in this summary reflect corrections of noted policy verbiage discrepancies found within NAVPERS 15665I. For specific details of changes, please refer to the noted chapters, sections and articles below.

Updates to Navy Uniform Regulations contained in this summary of changes include:

- Replacement of terms, phrases and definitions intended to minimize subjectivity and inconsistent application of uniform policies.

UPDATES TO NAVY UNIFORM REGULATIONS

1. Table of Contents, Chapter Two – Grooming Standards, Section 1

Deleted:

CHAPTER TWO - GROOMING STANDARDS

SECTION 1 GENERAL INFORMATION

1.	GENERAL	2101.1
2.	NAVY PERSONNEL ASSIGNED TO MARINE CORPS	2101.2
3.	SMARTNESS	2101.3
4.	CARE OF THE UNIFORM	2101.4
5.	CLEANING	2101.5

Added:

CHAPTER TWO - GROOMING STANDARDS

SECTION 1 GENERAL INFORMATION

1.	GENERAL	2101.1
2.	NAVY PERSONNEL ASSIGNED TO MARINE CORPS	2101.2
3.	PROFESSIONAL MILITARY APPEARANCE	2101.3
4.	CARE OF THE UNIFORM	2101.4
5.	CLEANING	2101.5

2. Chapter 1, General Uniform Regulations, Section 1, General Information, Enforcement, Article 1101.3

Deleted:

3. [ENFORCEMENT](#). These regulations define the composition of authorized uniforms. Navy uniforms are distinctive visual evidence of the authority and responsibility vested in their wearer by the United States. The prescribing authority determines when and where the uniforms in this manual are appropriate for wear. Uniforms and components shall be worn as described in these regulations. Navy personnel must present a proud and

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

professional appearance that will reflect positively on the individual, the Navy and the United States. While in uniform, it is inappropriate and detracts from military smartness for personnel to have their hands in their pockets. Additionally, when walking from point to point while in uniform, it is inappropriate and detracts from military smartness for personnel to be smoking or using tobacco products, or to be eating and/or drinking. All personnel shall comply with these regulations and be available to teach others the correct wear of Navy uniforms. Exemplary military appearance should be the norm for uniformed personnel. These regulations describe all authorized U.S. Navy uniforms and the proper manner for their wear.

Added:

3. [ENFORCEMENT](#). These regulations define the composition of authorized uniforms. Navy uniforms are distinctive visual evidence of the authority and responsibility vested in their wearer by the United States. The prescribing authority determines when and where the uniforms in this manual are appropriate for wear. Uniforms and components shall be worn as described in these regulations. Navy personnel must present a proud and professional military appearance that will reflect positively on the individual, the Navy and the United States. While in uniform, it is inappropriate and detracts from a professional military appearance for personnel to have their hands in their pockets. Additionally, when walking from point to point while in uniform, it is inappropriate and detracts from a professional military appearance for personnel to be smoking or using tobacco products, or to be eating and/or drinking. All personnel shall comply with these regulations and be available to teach others the correct wear of Navy uniforms. Exemplary military appearance should be the norm for uniformed personnel. These regulations describe all authorized U.S. Navy uniforms and the proper manner for their wear.

3. Chapter 1, General Uniform Regulations, Section 5, Uniform Standards, Standard Phraseology, Article 1501.1

Deleted:

1501. [UNIFORM STANDARDS](#)

1. [STANDARD PHRASEOLOGY](#). When making official references to the uniforms, insignia, and grooming standards in any official publication, the terms set forth in these regulations shall be used.

a. [Basic Uniform Components](#). Uniform items required as part of the basic uniform. These are the minimum items which must be worn unless the prescribing authority directs otherwise.

b. [Prescribable Items](#). Uniform items which may be directed or authorized for wear with the basic uniform. Prescribable items may be worn with basic uniform at the individual's discretion unless otherwise directed.

c. [Optional Items](#). Uniform items purchased at the wearer's expense, which may be worn with the basic uniform, but which are not prescribable. Optional items may be worn with the basic uniform at the individual's discretion unless otherwise directed.

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

d. Conspicuous. Obvious to the eye, attracting attention, striking, bright in color. Should blend with (not stand out from) a professional appearance in uniform. What is conspicuous on one person may not be noticeable on another. If attention is naturally drawn to or detracts from the professional appearance, it is conspicuous.

e. Conservative. Not conspicuous or detracting from the professional appearance while in uniform.

f. Faddish. A style followed for a short period of time with exaggerated zeal. Styles are enduring, fads are generally short in duration and frequently started by an individual or event in the civilian community. Fads are generally conspicuous and detract from a professional appearance.

g. Complements Skin Tone. A conservative color which contributes to the wearer's natural skin tone. Conservative colors are generally inconspicuous and do not detract from a professional appearance in uniform.

h. Phase-Out. Discontinue wear.

Added:

1501. UNIFORM STANDARDS

1. STANDARD PHRASEOLOGY. When making official references to the uniforms, insignia, and grooming standards in any official publication, the terms set forth in these regulations shall be used.

a. Basic Uniform Components. Uniform items required as part of the basic uniform. These are the minimum items which must be worn unless the prescribing authority directs otherwise.

b. Prescribable Items. Uniform items which may be directed or authorized for wear with the basic uniform. Prescribable items may be worn with basic uniform at the individual's discretion unless otherwise directed.

c. Optional Items. Uniform items purchased at the wearer's expense, which may be worn with the basic uniform, but which are not prescribable. Optional items may be worn with the basic uniform at the individual's discretion unless otherwise directed.

d. Uniform Distraction. Obvious to the eye, attracting attention, striking, bright in color, exaggerated appearance. If the item worn or manner of wear of any uniform component naturally draws attention away or deters from the professional military appearance of the individual in uniform, it is a uniform distraction.

e. Conservative. Not detracting from the professional military appearance while in uniform. Traditional non exaggerated appearance aligned with projecting a proper military image.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

f. Complementary Appearance. Contributing to the individual's/wearer's natural appearance. Having a subtle and natural appearance. Conservative and not exaggerated.

g. Phase-Out. Discontinue wear.

4. Chapter 2, Grooming Standards, Section 1, General Information, Article 2101

Deleted:

**CHAPTER TWO
GROOMING STANDARDS**

	Article
SECTION 1: GENERAL INFORMATION	
1. GENERAL	<u>2101.1</u>
2. NAVY PERSONNEL ASSIGNED TO MARINE CORPS	<u>2101.2</u>
3. SMARTNESS	<u>2101.3</u>
4. CARE OF THE UNIFORM	<u>2101.4</u>
5. CLEANING	<u>2101.5</u>

2101. GENERAL INFORMATION

1. GENERAL. **The primary consideration is to have a neatly groomed appearance while wearing naval uniforms.** Grooming standards are based on several elements including neatness, cleanliness, safety, military image and appearance. The standards established here are not intended to be overly restrictive nor are they designed to isolate Navy personnel from society. The limits set forth are reasonable, enforceable, and insure that personal appearance contributes to a favorable military image. The difference between men's and women's grooming policies recognizes the difference between the sexes; sideburns for men, different hairstyles and cosmetics for women. Establishing identical grooming and personal appearance standards for men and women would not be in the Navy's best interest and is not a factor in the assurance of equal opportunity.

2. NAVY PERSONNEL ASSIGNED TO MARINE CORPS. Sailors assigned to U.S. Marine Corps units who wear the Marine Corps uniform will abide by Marine Corps grooming standards except for the requirement of a zero fade hairstyle for male Sailors. See article 6501.4.

3. SMARTNESS

a. Image. United States Navy personnel must set and maintain the high standards of smartness in uniform appearance. The military image reflected by attention to detail, while wearing your uniforms, is a key element in the public image of the Navy.

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

b. Cleanliness. Uniforms shall be kept scrupulously clean, with lace, devices and insignia bright and free from tarnish and corrosion.

c. Articles.

(1) NO ARTICLES SHALL PROTRUDE FROM OR BE VISIBLE ON THE UNIFORM, including such items as, pencils, pens, watch chains, key chain fobs, pins, jewelry, combs, large wallets, cigars, cigarettes, pipes, or similar items (Jewelry, tie clasps, cuff links, shirt studs and earrings shall be worn as prescribed elsewhere in these regulations). Communication devices (e.g. cell phones, blackberries, pagers, etc.) are authorized for use and wear while in uniform (to include walking) in the manner prescribed as follows:

(a) Communication devices shall be conservative in color and design and shall not distract from the appearance of the uniform.

(b) Only one communication device is authorized for wear and can only be worn on the belt of working and service uniforms aft of the elbow.

(c) Wearing of communication devices on service dress uniforms is not authorized.

(d) Communication devices will not be visible from the front and worn in such a manner as to impede the normal wear and appearance of the uniform (e.g. sagging, bunching, bulging, protruding etc.).

(e) Whenever there is a concern for operational security, the authorized use of communication devices shall be at the commanding officer's discretion.

(f) The use of portable communication devices shall not interfere with the rendering of military courtesies and honors nor violate local, state and federal laws.

(g) When not being worn on the uniform and in use, communication devices will be placed at the side of the leg and in the appropriate hand when rendering salutes, greetings and other military courtesies/honors.

(h) The use of an earpiece, blue tooth technology, headsets or hands-free device while in uniform indoors or outdoors is prohibited unless specifically authorized for the execution of official duties (e.g. NSW, security personnel, detailers, etc.).

(i) The use of blue tooth technology, headsets and other hands-free devices are only allowed in uniform in a vehicle when authorized by local, state and federal law. Regional commanders may further restrict on base use of hands-free devices.

(2) Civilian bags (e.g. computer bags/briefcases), this does not include women's handbags/purses, may be worn with the working and service uniforms as prescribed in the manner below:

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

(a) Backpacks may be worn over either the left shoulder or both shoulders while wearing service and working uniforms. Authorized colors of backpacks when wearing service uniforms include black or navy blue. While wearing the NWU Type III, backpacks may be black or matching NWU Type III pattern only. No personal ornamentation shall be attached on or to the backpack.

(b) Computer bag and brief case: may be worn across the left shoulder of service and working uniforms to facilitate saluting. When wearing a bag, the strap must be worn across the left shoulder (fore and aft) with the bag hanging on the same side of the body. The case or bag will not be worn with the strap and bag on the opposite sides of the body (diagonally).

(c) All bags/brief cases worn with the uniform must conceal its contents and be either solid black or navy blue in color. There shall be no personal ornamentation attached on or to the bag/brief case.

(d) While in dress uniform, civilian bags will be hand carried only.

(e) A full Seabag may be carried/worn on the shoulders.

d. Glasses

(1) Prescription Glasses. No eccentric or faddish glasses are permitted. Retainer straps are authorized for FOD prevention and safety only. If retainer straps are required, they shall be plain, black and worn snugly against the back of the head.

Added:

**CHAPTER TWO
GROOMING STANDARDS**

	Article
SECTION 1: GENERAL INFORMATION	
1. GENERAL	<u>2101.1</u>
2. NAVY PERSONNEL ASSIGNED TO MARINE CORPS	<u>2101.2</u>
3. PROFESSIONAL MILITARY APPEARANCE	<u>2101.3</u>
4. CARE OF THE UNIFORM	<u>2101.4</u>
5. CLEANING	<u>2101.5</u>

2101. GENERAL INFORMATION

1. GENERAL. **The primary consideration is to have a neatly groomed appearance while wearing naval uniforms.** Grooming standards are based on several elements including neatness, cleanliness, safety, military image and appearance. The standards established here are not intended to be overly restrictive nor are they designed to isolate Navy personnel from society. The limits set forth are reasonable, enforceable, and insure that personal appearance contributes to a favorable military image. The difference between men's and women's grooming policies recognizes the difference between the

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

sexes; sideburns for men, different hairstyles and cosmetics for women. Establishing identical grooming and personal appearance standards for men and women would not be in the Navy's best interest and is not a factor in the assurance of equal opportunity.

2. NAVY PERSONNEL ASSIGNED TO MARINE CORPS. Sailors assigned to U.S. Marine Corps units who wear the Marine Corps uniform will abide by Marine Corps grooming standards except for the requirement of a zero fade hairstyle for male Sailors. See article 6501.4.

3. PROFESSIONAL MILITARY APPEARANCE

a. Image. All Sailors will ensure the proper fit and wear of their uniform and maintain compliance of grooming standards as outlined in this instruction. Personal appearance will reflect the highest level of the military image. A professional military appearance will be free of distractions while in uniform. The military image reflected by attention to detail, compliance with grooming standards while wearing your uniforms, is a key element in the public image of the Navy.

b. Cleanliness. Uniforms shall be kept scrupulously clean, with lace, devices and insignia bright and free from tarnish and corrosion.

c. Articles.

(1) NO ARTICLES SHALL PROTRUDE FROM OR BE VISIBLE ON THE UNIFORM, including such items as, pencils, pens, watch chains, key chain fobs, pins, jewelry, combs, large wallets, cigars, cigarettes, pipes, or similar items (Jewelry, tie clasps, cuff links, shirt studs and earrings shall be worn as prescribed elsewhere in these regulations). Communication devices (e.g. cell phones, blackberries, pagers, etc.) are authorized for use and wear while in uniform (to include walking) in the manner prescribed as follows:

(a) Communication devices shall be conservative in color and design and shall not distract from the appearance of the uniform.

(b) Only one communication device is authorized for wear and can only be worn on the belt of working and service uniforms aft of the elbow.

(c) Wearing of communication devices on service dress uniforms is not authorized.

(d) Communication devices will not be visible from the front and worn in such a manner as to impede the normal wear and appearance of the uniform (e.g. sagging, bunching, bulging, protruding etc.).

(e) Whenever there is a concern for operational security, the authorized use of communication devices shall be at the commanding officer's discretion.

(f) The use of portable communication devices shall not interfere with the rendering of military courtesies and honors nor violate local, state and federal laws.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

(g) When not being worn on the uniform and in use, communication devices will be placed at the side of the leg and in the appropriate hand when rendering salutes, greetings and other military courtesies/honors.

(h) The use of an earpiece, blue tooth technology, headsets or hands-free device while in uniform indoors or outdoors is prohibited unless specifically authorized for the execution of official duties (e.g. NSW, security personnel, detailers, etc.).

(i) The use of blue tooth technology, headsets and other hands-free devices are only allowed in uniform in a vehicle when authorized by local, state and federal law. Regional commanders may further restrict on base use of hands-free devices.

(2) Civilian bags (e.g. computer bags/briefcases), this does not include women's handbags/purses, may be worn with the working and service uniforms as prescribed in the manner below:

(a) Backpacks may be worn over either the left shoulder or both shoulders while wearing service and working uniforms. Authorized colors of backpacks when wearing service uniforms include black or navy blue. While wearing the NWU Type III, backpacks may be black or matching NWU Type III pattern only. No decorations shall be attached on or hung on the backpack.

(b) Computer bag and brief case: may be worn across the left shoulder of service and working uniforms to facilitate saluting. When wearing a bag, the strap must be worn across the left shoulder (fore and aft) with the bag hanging on the same side of the body. The case or bag will not be worn with the strap and bag on the opposite sides of the body (diagonally).

(c) All bags/brief cases worn with the uniform must conceal its contents and be either solid black or navy blue in color. No decorations shall be attached on or hung on the bag/briefcase.

(d) While in dress uniform, civilian bags will be hand carried only.

(e) A full Seabag may be carried/worn on the shoulders.

d. Glasses

(1) Prescription Glasses. While in uniform, prescription glasses worn will not present a uniform distraction. Prescription glasses that distract from a professional military appearance are not permitted. Retainer straps are authorized for FOD prevention and safety only. If retainer straps are required, they shall be plain, black and worn snugly against the back of the head.

5. Chapter 2, Grooming Standards, Section 2, Personal Appearance, Article 2201

Deleted:

2201. PERSONAL APPEARANCE. Because it is impossible to provide examples of every appropriate or unacceptable hairstyle or of "conservative" or "eccentric" grooming and

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

personal appearance, the good judgment of leaders at all levels is key to enforcement of Navy grooming policy. Therefore, hair/grooming/personal appearance while in uniform shall present a neat, professional appearance. Commanding officers will ensure facial hair does not impede the ability to safely wear and properly utilize emergency equipment when required.

1. HAIR

a. Men. Keep hair neat, clean and well groomed. Hair above the ears and around the neck shall be tapered from the lower natural hairline upwards at least 3/4 inch and outward not greater than 3/4 inch to blend with hairstyle. Hair on the back of the neck must not touch the collar. Hair shall be no longer than four inches and may not touch the ears, collar, extend below eyebrows when headgear is removed, show under front edge of headgear, or interfere with properly wearing military headgear. The bulk of the hair shall not exceed approximately two inches. Bulk is defined as the distance that the mass of hair protrudes from the scalp. Hair coloring must look natural and complement the individual. Faddish styles and outrageous multicolored hair are not authorized. The unique quality and texture of curled, waved, and straight hair are recognized, and in some cases the 3/4 inch taper at the back of the neck may be difficult to attain. In those cases hair must present a graduated appearance and may combine the taper with a line at the back of the neck. **One** (cut, clipped or shaved) natural, narrow, fore and aft part is authorized. Varying hairstyles, including afro, are permitted if these styles meet the criteria of maximum length and bulk, tapered neck and sides, and do not interfere with properly wearing military headgear. Plaited or braided hair shall not be worn while in uniform or in a duty status. Keep sideburns neatly trimmed and tailored in the same manner as the haircut. Sideburns shall not extend below a point level with the middle of the ear, shall be of even width (not flared) and shall end with a clean shaven horizontal line. [Figure 2-2-1](#) refers. "Muttonchops", "ship's captain", or similar grooming modes are not authorized.

b. Women. This policy applies to female Sailors while wearing the Navy uniform and when wearing civilian clothes in the performance of duty.

(1) Acceptable Hairstyle Criteria. Hairstyles and haircuts shall present a professional and balanced appearance. Appropriateness of a hairstyle shall be evaluated by its appearance when headgear is worn. All headgear shall fit snugly and comfortably around the largest part of the head without distortion or excessive gaps. Hairstyles will not interfere with the proper wearing of headgear, protective masks or equipment. When headgear is worn, hair shall not show from under the front of the headgear. Hair is not to protrude from the opening in the back of the ball cap, except when wearing a bun or ponytail hairstyle. All buns and ponytails shall be positioned on the back of the head to ensure the proper wearing of all headgear.

Lopsided and extremely asymmetrical hairstyles are not authorized. Angled hairstyles will have no more than a 1-1/2 inch difference between the front and the back length of hair. Layered hairstyles are authorized provided layers present a smooth and graduated appearance.

Hair length, when in uniform, may touch, but not fall below a horizontal line level with the lower edge of the back of the collar. With jumper uniforms, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Long hair, including braids, shall be neatly fastened, pinned, or secured to the head. When bangs are worn, they shall not extend

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

below the eyebrows. Hair length shall be sufficient to prevent the scalp from being readily visible (with the exception of documented medical conditions).

Hair bulk (minus the bun) as measured from the scalp will not exceed 2 inches. [Figure 2-2-2](#) refers. The bulk of the bun shall not exceed 3 inches when measured from the scalp and the diameter of the bun will not exceed or extend beyond the width of the back of the head. Loose ends must be tucked in and secured.

Hair, wigs, or hair extensions/pieces must be of a natural hair color (i.e. blonde, brunette, brown, red, gray, or black). Hair extensions/pieces must match the current color of hair. Wigs, hairpieces and extensions shall be of such quality and fit so as to present a natural appearance and conform to the grooming guidelines listed herein. Tints and highlights shall result in natural hair colors and be similar to the current base color of the hair.

(2) Hairstyles. Hairstyles shall not detract from a professional appearance in uniform. Styles with shaved portions of the scalp (other than the neckline), those with designs cut, braided, or parted into the hair, as well as dyed using unnatural colors are not authorized. The unique quality and texture of curled, waved and straight hair are recognized. All hairstyles must minimize scalp exposure. While this list shall not be considered all inclusive, the following hairstyles are authorized.

a. Three strand braids and two strand braids (also referred to as twists) are authorized. Braided hairstyles shall be conservative and conform to the guidelines listed herein.

b. Multiple braids. Multiple braids consist of more than 2 braids and encompass the whole head. When a hairstyle of multiple braids is worn, each braid shall be of uniform dimension, small in diameter (no more than 1/4 inch), and tightly interwoven to present a neat, professional, well-groomed appearance. Foreign material (e.g., beads, decorative items) shall not be braided into the hair. Multiple braids may be worn loose, or may be pulled straight back into a bun, within the guidelines herein.

c. Two individual braids. One braid worn on each side of the head, uniform in dimension and no more than one inch in diameter. Each braid extends from the front to back of the head near the lower portion of the hair line (i.e., braids are closer to the top of the ear than the top of the head to prevent interference with wearing of headgear). A single French braid may be worn starting near the top of the head and be braided to the end of the hair. The end of the braid must be secured to the head and braid placement shall be down the middle of the back of the head.

d. Corn rows. Must be in symmetrical fore and aft rows, and must be close to the head, leaving no hair unbraided. They must be no larger than 1/4 inch in diameter and show no more than approximately 1/8 inch of scalp between rows. Corn row ends shall not protrude from the head. Rows must end at the nape of the neck and shall be secured with rubber bands that match the color of the hair. Corn rows may end in a bun conforming to the guidelines listed herein, if hair length permits.

e. Rolls. Two individual rolls, one on each side of the head, must be near the lower portion of the hair line (i.e., rolls are closer to the top of the

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

ear than the top of the head and will not interfere with wearing of headgear). Rolls must be of uniform dimension and no more than one inch in diameter.

f. Locks. Lock hairstyle (Locks) for the purpose of Navy Uniform Regulations grooming standards consists of one section of hair that twists from or near the root to the end of the hair and creates a uniform ringlet or cord-like appearance. Locks may be worn in short, medium, and long hair lengths in the following manner:

(1) Locks must continue from the root to the end of the hair in one direction (no zig-zagging, curving, or ending before the end of the lock to dangle as a wisp or loose hair) and should encompass the whole head. Locks partings must be square or rectangle in shape in order to maintain a neat and professional appearance.

(2) Locks can be loose (free-hanging where no hair is added to the lock once it is started other than hair extensions that are attached to natural hair). When worn loose, locks will be spaced no more than three-eighths of an inch apart, diameter/width will not exceed three-eighths of an inch, and locks will be tightly interlaced to present a neat and professional military appearance. Locks may also be worn in a bun provided all hair grooming requirements are met. Faux locks are authorized provided the hairstyle worn is in compliance with female hair grooming requirements. Locks may not be worn in combination with other hair styles (e.g. twists, braids).

(3) New growth (defined as hair that naturally grows from the scalp and has not yet been locked) will not exceed one-half inch at any time.

(4) Locks that do not meet the above standards and do not present a neat and professional military appearance will not be worn in uniform. Commanding Officers have the ultimate responsibility for determining when hairstyles are eccentric, faddish, or out of standards.

g. Ponytails. A ponytail is a hairstyle in which the hair on the head is pulled away from the face, gathered and secured at the back of the head with an approved accessory. Hair extending beyond the securing accessory may be braided or allowed to extend naturally. The wear of a single braid, French braid, or a single ponytail in Service, Working, and PT uniforms is authorized. The following criteria pertain to the wearing of ponytail hairstyles while wearing a U.S. Navy uniform. Ponytail hairstyles will not interfere with the proper wearing of military headwear and equipment nor extend downward more than three inches below the lower edge of the collar (shirt/blouse, jacket or coat) while sitting, standing or walking. Additionally, ponytails will not extend outward more than three inches behind the head as measured from the securing accessory, nor shall the width exceed the width of the back of the head or be visible from the front. In spaces or environments where there are operational hazards such as rotating gear, etc., the hair may not be worn below the bottom of the collar.

(1) Hair Accessories. When hair accessories are worn, they must be consistent with the hair color. A maximum of two small barrettes, similar to hair color, may be used to secure the hair to the head. Bun accessories (used to form the bun), are authorized if completely concealed. Additional hairpins, bobby pins, small rubber bands, or small thin fabric elastic bands may be used to hold hair in place, if necessary. The intent is for pinned-up hair to be styled in a manner that prevents loose

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

ends from extending upward or outward from the head. For example, when using barrettes or hairpins, hair will not extend loosely from the head; when hair is in a bun, all loose ends must be tucked in and secured. Hair accessories shall not present a safety or foreign object damage (FOD) hazard. Hair nets shall not be worn unless authorized for a specific type of duty. Headbands, scrunchies, combs, claws and butterfly clips, are examples of accessories that are not authorized; this list is not to be considered all inclusive.

(2) Unauthorized Hairstyles. While this list shall not be considered all inclusive, the following hairstyles are not authorized: Pigtails; braids that are widely spaced and/or protrude from the head.

(3) Grooming Standards Exception.

a. During group Command/Unit physical training, Commanding Officers are authorized to standardize unit policy for the relaxation of female hair grooming standards with regard to having hair secured to head (e.g., ponytails). Hair restraining devices, if worn, will be consistent with the current hair color.

b. Relaxed Hair Requirement with Dinner Dress Uniforms. Female Sailors are authorized to wear their hair below the lower edge of the collar of the blouse, jacket, or coat of the Dinner Dress Uniform being worn. All other Navy grooming requirements will remain in effect per the guidance promulgated by this instruction.

2. SHAVING AND MUSTACHES (Men). The face shall be clean shaven unless a shaving waiver is authorized by the Commanding Officer per BUPERSINST 1000.22 or a religious accommodation has been granted per BUPERSINST 1730.11. Mustaches are authorized but shall be kept neatly and closely trimmed. No portion of the mustache shall extend below the lip line of the upper lip. It shall not go beyond a horizontal line extending across the corners of the mouth and no more than 1/4 inch beyond a vertical line drawn from the corner of the mouth. The length of an individual mustache hair fully extended shall not exceed approximately 1/2 inch. Figure 2-2-1 refers. Handlebar mustaches, goatees, beards or eccentricities are not permitted. If a shaving waiver is authorized per BUPERSINST 1000.22 or BUPERSINST 1730.11, no facial/neck hair shall be shaved, manicured, styled or outlined nor exceed 1/4 inch in length. **Supervisors of individuals with medical shaving waivers shall actively monitor and ensure treatment regimen is followed.** The following personnel are not authorized to wear any facial hair except when medical waivers or religious accommodation have been granted:

- a. Brig prisoners.
- b. Brig awardees.
- c. Personnel in a disciplinary hold status (i.e., who are serving restriction or hard labor without confinement or extra duties as a result of a court-martial or NJP).
- d. Personnel assigned to a transient personnel unit who are awaiting separation:

(1) By reason of a court-martial sentence.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

(2) To benefit the service (MILPERSMAN 1910-164).

(3) Pursuant to the recommendation or waiver of an administrative discharge board, for misconduct (MILPERSMAN 1910-140).

3. HAIRPIECES. Wigs or hairpieces shall be of good quality and fit, present a natural appearance and conform to the grooming standards set forth in these regulations. They shall not interfere with the proper performance of duty nor present a safety or FOD (Foreign Object Damage) hazard.

a. Men. Wigs or hairpieces may be worn by active duty personnel while in uniform or duty status only for cosmetic reasons to cover natural baldness or physical disfigurement. Wigs may be worn by Naval Reserve personnel engaged in inactive duty for training.

b. Women. Wigs or hairpieces meeting women's grooming standards are authorized for wear by personnel while in uniform or duty status.

4. COSMETICS (Women). Cosmetics may be applied in good taste so that colors blend with natural skin tone and enhance natural features. Exaggerated or faddish cosmetic styles are not authorized with the uniform and shall not be worn. Care should be taken to avoid an artificial appearance. Lipstick colors shall be conservative and complement the individual. Long false eyelashes shall not be worn when in uniform.

a. Cosmetic Permanent Makeup. Cosmetic Permanent Makeup is authorized for eyebrows, Eyeliner, lipstick and lip liner only. Permanent makeup shall be in good taste and blend naturally with the skin tone to enhance a natural appearance. Exaggerated or faddish cosmetic styles are not authorized and shall not be obtained. Approved permanent makeup colors are as follows: Eyebrows shall be shades of black, brown, blonde or red that matches the individual's natural hair color. Eyeliner shall be shades of black, brown, blue or green that matches the individual's natural eye color and shall not extend past the natural corner of the eye. Lip liner and lipstick shall be the color of the natural lip or shades of pink and moderate reds only. Permanent Makeup is considered an elective medical procedure that is accomplished by qualified medical professionals to enhance natural features and requires careful planning and consideration of associated risks and liabilities to the Sailor.

b. Requesting Procedures.

(1). Female Service Members assigned to their permanent duty station shall submit a Special Request Authorization Form (NAVPERS 1336/3) to their Commanding Officer expressing their desire to obtain permanent makeup. Included with the special request form shall be a description of the procedure facility and desired feature enhancements.

(2). Commanding Officers are to review permanent makeup notification requests to ensure description of enhancements is in compliance with cosmetic policy requirements and that requesting Sailors are counseled prior to obtaining permanent makeup. Additionally, Commanding Officers will ensure requests for permanent makeup are annotated in member's medical record and medical entries are made after permanent makeup is obtained. Counseling of Sailors should include and might not be limited to the following topics: Personal financial impact of obtaining procedure. Qualification of provider

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

of permanent makeup such as a qualified, licensed electrologist, esthetician or state board certified technician. The permanency and risks associated with procedures. The procedure cannot interfere with performance of military duties; planned leave to facilitate healing and return to full duty. The possible Non-availability of Military Treatment Facilities. The possibility of administrative separation if permanent makeup is non-compliant with Cosmetic Policies.

(3) Commanding Officers of members who have obtained Permanent Makeup that is not in accordance with existing policies shall document the condition on a NAVPERS 1070/613. Submit enlisted personnel's NAVPERS 1070/613 to the local Personnel Support Detachment for inclusion in the Field Service Record. Submit Officer personnel's NAVPERS 1070/613 to COMNAVPERSCOM (PERS 312) for inclusion in the Electronic Service Record. Members not complying with Permanent Makeup policy requirements may be subject to administrative or disciplinary action. If removal or alteration of non-compliant Permanent Makeup condition is not feasible, the member may be processed for involuntary separation, if deemed appropriate by the Commanding Officer.

5. FINGERNAILS

a. Men. Fingernails shall not extend past fingertips. They shall be kept clean. The tips of the nails may be round to align with the contour of the fingertip. Buffed nails or clear coat nail polish is authorized. Colored nail polish is not authorized for men.

b. Women. Fingernails shall not exceed 1/4 inch measured from the fingertip. They shall be kept clean. The tips of the nails may be round, almond/oval, or square in shape. Nail polish may be worn, but colors shall be conservative and inconspicuous. White, black, red, yellow, orange, green, purple, blue, hot pink, grey, glitter, striped, or any sort of pattern/decorative nail polish are examples of unauthorized nail polish colors. French and American manicures (white and off-white tips with neutral base color ONLY) are authorized.

6. JEWELRY. Conservative jewelry is authorized for all personnel and shall be in good taste while in uniform. Eccentricities or faddishness are not permitted. Jewelry shall not present a safety or FOD (Foreign Object Damage) hazard. Jewelry shall be worn within the following guidelines:

a. Rings. While in uniform, rings shall be conservative and in good taste. Eccentric or faddish rings are not authorized. Rings may consist of natural metals or fabricated materials (i.e. plastic, wood, silicone) and may be gold, silver, copper, grey, tan, brown, black, white, or light pink in color. Only one ring per hand is authorized, plus a wedding/engagement ring set. Double stacking wedding rings with military academy/educational institution rings is authorized on one hand. Rings shall not present a safety or foreign object damage (FOD) hazard. Rings are not permitted to be worn on the thumb.

b. Earrings

(1) Men. Not authorized while in uniform. Additionally, earrings are not authorized in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

jurisdiction, or while participating in any organized military recreational activities. When considered appropriate by the prescribing authority under article 7201.2, earrings may be prohibited while in foreign countries.

(2) Women. One earring per ear (centered on earlobe) may be worn while in uniform. Earrings shall be 4mm - 6mm ball (approximately 1/8 - 1/4 inch), plain with shiny or brushed matte finish, screw on or with posts. When wearing Working and Service Uniforms, Officers and CPOs will wear gold earrings and E6 and below females shall wear silver earrings. When wearing Dress Uniforms White Pearl earrings are optional. White Pearl and Diamond earrings are authorized for optional wear with the Dinner Dress White or Blue Jacket uniform. Synthetic variants of pearl or diamond earrings are acceptable if they meet color and size requirements.

c. Body Piercing. Not authorized while in uniform. No articles, other than earrings for women specified above, shall be attached to or through the ear, nose, or any other body part. Additionally, body piercing is not authorized in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities. When considered appropriate by the prescribing authority under article 7201.2, body piercing may be prohibited while in foreign countries.

d. Necklaces/Choker. While in uniform, only one necklace may be worn and it shall not be visible.

e. Bracelets. While in uniform, bracelets shall be conservative and in good taste. Eccentric or faddish bracelets are not authorized. Bracelets may consist of natural metals or fabricated materials (i.e., plastic, wood, silicone) and may be gold, silver, copper, grey, tan, brown, black, white, or light pink in color. Only one bracelet may be worn while in uniform. Ankle bracelets in uniform are not authorized. Bracelets shall not present a safety or FOD hazard.

f. Wristwatch. While in uniform, wristwatches shall be conservative and in good taste. Eccentric or faddish watches are not authorized. Only one watch and one bracelet may be worn simultaneously (one on each wrist) while in uniform.

Added:

2201. PERSONAL APPEARANCE. Because it is impossible to provide examples of every acceptable or unacceptable hairstyle or "conservative" grooming and personal appearance example, the good judgment of leaders at all levels is key to enforcement of Navy grooming policy. Therefore, hair/grooming/personal appearance while in uniform shall present a neat, professional military appearance. Commanding Officers will ensure facial hair does not impede the ability to safely wear and properly utilize emergency equipment when required.

1. HAIR

a. Men. Keep hair neat, clean and well groomed. Hair above the ears and around the neck shall be tapered from the lower natural hairline upwards at least 3/4 inch and outward not greater than 3/4 inch to blend with hairstyle. Hair on the back of the neck must not touch the collar. Hair shall be no longer than four inches and may not touch the ears, collar, extend below eyebrows when headgear is removed, show under front edge of headgear, or interfere with properly wearing military headgear. The bulk of the hair shall

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

not exceed approximately two inches. Bulk is defined as the distance that the mass of hair protrudes from the scalp. Hair coloring must look natural and present a complementary appearance. Multicolored hair styles are not authorized. The unique quality and texture of curled, waved, and straight hair are recognized, and in some cases the 3/4 inch taper at the back of the neck may be difficult to attain. In those cases hair must present a graduated appearance and may combine the taper with a line at the back of the neck. **One** (cut, clipped or shaved) natural, narrow, fore and aft part is authorized. Varying hairstyles, including afro, are permitted if these styles meet the criteria of maximum length and bulk, tapered neck and sides, and do not interfere with properly wearing military headgear. Plaited or braided hair shall not be worn while in uniform or in a duty status. Keep sideburns neatly trimmed and tailored in the same manner as the haircut. Sideburns shall not extend below a point level with the middle of the ear, shall be of even width (not flared) and shall end with a clean shaven horizontal line. Figure 2-2-1. "Muttonchops", "ship's captain", or similar grooming modes are not authorized.

b. Women. This policy applies to female Sailors while wearing the Navy uniform and when wearing civilian clothes in the performance of duty.

(1) Acceptable Hairstyle Criteria. Hairstyles and haircuts shall present a professional and balanced appearance. Appropriateness of a hairstyle shall be evaluated by its appearance when headgear is worn. All headgear shall fit snugly and comfortably around the largest part of the head without distortion or excessive gaps. Hairstyles will not interfere with the proper wearing of headgear, protective masks or equipment. When headgear is worn, hair shall not show from under the front of the headgear. Hair is not to protrude from the opening in the back of the ball cap, except when wearing a bun or ponytail hairstyle. All buns and ponytails shall be positioned on the back of the head to ensure the proper wearing of all headgear.

Lopsided and extremely asymmetrical hairstyles are not authorized. Angled hairstyles will have no more than a 1-1/2 inch difference between the front and the back length of hair. Layered hairstyles are authorized provided layers present a smooth and graduated appearance.

Hair length, when in uniform, may touch, but not fall below a horizontal line level with the lower edge of the back of the collar. With jumper uniforms, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Long hair, including braids, shall be neatly fastened, pinned, or secured to the head. When bangs are worn, they shall not extend below the eyebrows. Hair length shall be sufficient to prevent the scalp from being readily visible (with the exception of documented medical conditions).

Hair bulk (minus the bun) as measured from the scalp will not exceed 2 inches. Figure 2-2-2. The bulk of the bun shall not exceed 3 inches when measured from the scalp and the diameter of the bun will not exceed or extend beyond the width of the back of the head. Loose ends must be tucked in and secured.

Hair, wigs, or hair extensions/pieces must be of a natural hair color (i.e. blonde, brunette, brown, red, gray, or black). Hair extensions/pieces must match the current color of hair. Wigs, hairpieces and extensions shall be of such quality and fit so as to present a natural appearance and conform to the grooming guidelines listed herein. Tints and highlights shall result in natural hair colors and be similar to the current base color of the hair.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

(2) Hairstyles. Hairstyles shall not detract from a professional appearance in uniform. Styles with shaved portions of the scalp (other than the neckline), those with designs cut, braided, or parted into the hair, as well as dyed using unnatural colors are not authorized. The unique quality and texture of curled, waved and straight hair are recognized. All hairstyles must minimize scalp exposure. While this list shall not be considered all inclusive, the following hairstyles are authorized.

a. Three strand braids and two strand braids (also referred to as twists) are authorized. Braided hairstyles shall be conservative and conform to the guidelines listed herein.

b. Multiple braids. Multiple braids consist of more than 2 braids and encompass the whole head. When a hairstyle of multiple braids is worn, each braid shall be of uniform dimension, small in diameter (no more than 1/4 inch), and tightly interwoven to present a neat, professional, well-groomed appearance. Foreign material (e.g., beads, decorative items) shall not be braided into the hair. Multiple braids may be worn loose, or may be pulled straight back into a bun, within the guidelines herein.

c. Two individual braids. One braid worn on each side of the head, uniform in dimension and no more than one inch in diameter. Each braid extends from the front to back of the head near the lower portion of the hair line (i.e., braids are closer to the top of the ear than the top of the head to prevent interference with wearing of headgear). A single French braid may be worn starting near the top of the head and be braided to the end of the hair. The end of the braid must be secured to the head and braid placement shall be down the middle of the back of the head.

d. Corn rows. Must be in symmetrical fore and aft rows, and must be close to the head, leaving no hair unbraided. They must be no larger than 1/4 inch in diameter and show no more than approximately 1/8 inch of scalp between rows. Corn row ends shall not protrude from the head. Rows must end at the nape of the neck and shall be secured with rubber bands that match the color of the hair. Corn rows may end in a bun conforming to the guidelines listed herein, if hair length permits.

e. Rolls. Two individual rolls, one on each side of the head, must be near the lower portion of the hair line (i.e., rolls are closer to the top of the ear than the top of the head and will not interfere with wearing of headgear). Rolls must be of uniform dimension and no more than one inch in diameter.

f. Locks. Lock hairstyle (Locks) for the purpose of Navy Uniform Regulations grooming standards consists of one section of hair that twists from or near the root to the end of the hair and creates a uniform ringlet or cord-like appearance. Locks may be worn in short, medium, and long hair lengths in the following manner:

(1) Locks must continue from the root to the end of the hair in one direction (no zig-zagging, curving, or ending before the end of the lock to dangle as a wisp or loose hair) and should encompass the whole head. Locks partings must be square or rectangle in shape in order to maintain a neat and professional military appearance.

(2) Locks can be loose (free-hanging where no hair is added to the lock once it is started other than hair extensions that are attached to natural

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

hair). When worn loose, locks will be spaced no more than three-eighths of an inch apart, diameter/width will not exceed three-eighths of an inch, and locks will be tightly interlaced to present a neat and professional military appearance. Locks may also be worn in a bun provided all hair grooming requirements are met. Faux locks are authorized provided the hairstyle worn is in compliance with female hair grooming requirements. Locks may not be worn in combination with other hair styles (e.g. twists, braids).

(3) New growth (defined as hair that naturally grows from the scalp and has not yet been locked) will not exceed one-half inch at any time.

(4) Locks that do not meet the above standards and do not present a neat and professional military appearance will not be worn in uniform. Commanding Officers have the ultimate responsibility for determining when hairstyles are out of standards.

g. Ponytails. A ponytail is a hairstyle in which the hair on the head is pulled away from the face, gathered and secured at the back of the head with an approved accessory. Hair extending beyond the securing accessory may be braided or allowed to extend naturally. The wear of a single braid, French braid, or a single ponytail in Service, Working, and PT uniforms is authorized. The following criteria pertain to the wearing of ponytail hairstyles while wearing a U.S. Navy uniform. Ponytail hairstyles will not interfere with the proper wearing of military headwear and equipment nor extend downward more than three inches below the lower edge of the collar (shirt/blouse, jacket or coat) while sitting, standing or walking. Additionally, ponytails will not extend outward more than three inches behind the head as measured from the securing accessory, nor shall the width exceed the width of the back of the head or be visible from the front. In spaces or environments where there are operational hazards such as rotating gear, etc., the hair may not be worn below the bottom of the collar.

h. Hair Accessories. When hair accessories are worn, they must be consistent with the hair color. A maximum of two small barrettes, similar to hair color, may be used to secure the hair to the head. Bun accessories (used to form the bun), are authorized if completely concealed. Additional hairpins, bobby pins, small rubber bands, or small thin fabric elastic bands may be used to hold hair in place, if necessary. The intent is for pinned-up hair to be styled in a manner that prevents loose ends from extending upward or outward from the head. For example, when using barrettes or hairpins, hair will not extend loosely from the head; when hair is in a bun, all loose ends must be tucked in and secured. Hair accessories shall not present a safety or foreign object damage (FOD) hazard. Hair nets shall not be worn unless authorized for a specific type of duty. Headbands, scrunchies, combs, claws and butterfly clips, are examples of accessories that are not authorized; this list is not to be considered all inclusive.

i. Unauthorized Hairstyles. While this list shall not be considered all inclusive, the following hairstyles are not authorized: Pigtails; braids that are widely spaced and/or protrude from the head.

j. Grooming Standards Exception.

(1) During group Command/Unit physical training, Commanding Officers are authorized to standardize unit policy for the relaxation of female hair grooming standards with regard to having hair secured to head (e.g., ponytails). Hair restraining devices, if worn, will be consistent with the current hair color.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

(2) Relaxed Hair Requirement with Dinner Dress Uniforms. Female Sailors are authorized to wear their hair below the lower edge of the collar of the blouse, jacket, or coat of the Dinner Dress Uniform being worn. All other Navy grooming requirements will remain in effect per the guidance promulgated by this instruction.

2. SHAVING AND MUSTACHES (Men). The face shall be clean shaven unless a shaving waiver is authorized by the Commanding Officer per BUPERSINST 1000.22 or a religious accommodation has been granted per BUPERSINST 1730.11. Mustaches are authorized but shall be kept neatly and closely trimmed. No portion of the mustache shall extend below the lip line of the upper lip. It shall not go beyond a horizontal line extending across the corners of the mouth and no more than 1/4 inch beyond a vertical line drawn from the corner of the mouth. The length of an individual mustache hair fully extended shall not exceed approximately 1/2 inch. Figure 2-2-1. Handlebar mustaches, goatees, beards or chin hair are not permitted. If a shaving waiver is authorized per BUPERSINST 1000.22 or BUPERSINST 1730.11, no facial/neck hair shall be shaved, manicured, styled or outlined nor exceed 1/4 inch in length. **Supervisors of individuals with medical shaving waivers shall actively monitor and ensure treatment regimen is followed.** The following personnel are not authorized to wear any facial hair except when medical waivers or religious accommodation have been granted:

- a. Brig prisoners.
- b. Brig awardees.
- c. Personnel in a disciplinary hold status (i.e., who are serving restriction or hard labor without confinement or extra duties as a result of a court-martial or NJP).
- d. Personnel assigned to a transient personnel unit who are awaiting separation:
 - (1) By reason of a court-martial sentence.
 - (2) To benefit the service (MILPERSMAN 1910-164).
 - (3) Pursuant to the recommendation or waiver of an administrative discharge board, for misconduct (MILPERSMAN 1910-140).

3. HAIRPIECES. Wigs or hairpieces shall be of good quality and fit, present a natural appearance and conform to the grooming standards set forth in these regulations. They shall not interfere with the proper performance of duty nor present a safety or FOD (Foreign Object Damage) hazard.

a. Men. Wigs or hairpieces may be worn by active duty personnel while in uniform or duty status only for cosmetic reasons to cover natural baldness or physical disfigurement. Wigs may be worn by Naval Reserve personnel engaged in inactive duty for training.

b. Women. Wigs or hairpieces meeting women's grooming standards are authorized for wear by personnel while in uniform or duty status.

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

4. COSMETICS (Women). Cosmetics may be applied so that colors blend and enhance natural features. Exaggerated cosmetic styles are not authorized with the uniform and shall not be worn. Care should be taken to avoid an artificial appearance. Lipstick colors shall be conservative and present a complementary appearance. Long false eyelashes shall not be worn when in uniform.

a. Cosmetic Permanent Makeup. Cosmetic Permanent Makeup is authorized for eyebrows, eyeliner, lipstick and lip liner only. Permanent makeup shall blend naturally to enhance a natural appearance. Exaggerated cosmetic styles are not authorized and shall not be obtained. Approved permanent makeup colors are as follows: Eyebrows shall be shades of black, brown, blonde or red that matches the individual's natural hair color. Eyeliner shall be shades of black, brown, blue or green that matches the individual's natural eye color and shall not extend past the natural corner of the eye. Lip liner and lipstick shall be the color of the natural lip or shades of pink and moderate reds only. Permanent Makeup is considered an elective medical procedure that is accomplished by qualified medical professionals to enhance natural features and requires careful planning and consideration of associated risks and liabilities to the Sailor.

b. Requesting Procedures.

(1) Female Service Members assigned to their permanent duty station shall submit a Special Request Authorization Form (NAVPERS 1336/3) to their Commanding Officer expressing their desire to obtain permanent makeup. Included with the special request form shall be a description of the procedure facility and desired feature enhancements.

(2) Commanding Officers are to review permanent makeup notification requests to ensure description of enhancements is in compliance with cosmetic policy requirements and that requesting Sailors are counseled prior to obtaining permanent makeup. Additionally, Commanding Officers will ensure requests for permanent makeup are annotated in member's medical record and medical entries are made after permanent makeup is obtained. Counseling of Sailors should include and might not be limited to the following topics: Personal financial impact of obtaining procedure. Qualification of provider of permanent makeup such as a qualified, licensed electrologist, esthetician or state board certified technician. The permanency and risks associated with procedures. The procedure cannot interfere with performance of military duties; planned leave to facilitate healing and return to full duty. The possible Non-availability of Military Treatment Facilities. The possibility of administrative separation if permanent makeup is non-compliant with Cosmetic Policies.

(3) Commanding Officers of members who have obtained Permanent Makeup that is not in accordance with existing policies shall document the condition on a NAVPERS 1070/613. Submit enlisted personnel's NAVPERS 1070/613 to the local Personnel Support Detachment for inclusion in the Field Service Record. Submit officer personnel's NAVPERS 1070/613 to COMNAVPERSCOM (PERS 312) for inclusion in the Electronic Service Record. Members not complying with Permanent Makeup policy requirements may be subject to administrative or disciplinary action. If removal or alteration of non-compliant Permanent Makeup condition is not feasible, the member may be processed for involuntary separation, if deemed appropriate by the Commanding Officer.

5. FINGERNAILS

U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)

a. Men. Fingernails shall not extend past fingertips. They shall be kept clean. The tips of the nails may be round to align with the contour of the fingertip. Buffed nails or clear coat nail polish is authorized. Colored nail polish is not authorized for men.

b. Women. Fingernails shall not exceed 1/4 inch measured from the fingertip. They shall be kept clean. The tips of the nails may be round, almond/oval, or square in shape. Nail polish may be worn, but colors shall be conservative. White, black, red, yellow, orange, green, purple, blue, hot pink, grey, glitter, striped, or any sort of pattern/decorative nail polish are examples of unauthorized nail polish colors. French and American manicures (white and off-white tips with neutral base color ONLY) are authorized.

6. JEWELRY. Conservative jewelry is authorized for all personnel while in uniform. Jewelry that distracts from the professional military appearance while in uniform is not authorized. Jewelry shall not present a uniform distraction or safety or FOD (Foreign Object Damage) hazard. Jewelry shall be worn within the following guidelines:

a. Rings. While in uniform, rings shall be conservative. Rings that distract from the professional military appearance of the individual in uniform are not authorized. Rings may consist of natural metals or fabricated materials (i.e. plastic, wood, silicone) and may be gold, silver, copper, grey, tan, brown, black, white, or light pink in color. Only one ring per hand is authorized, plus a wedding/engagement ring set. Double stacking wedding rings with military academy/educational institution rings is authorized on one hand. Rings shall not present a safety or foreign object damage (FOD) hazard. Rings are not permitted to be worn on the thumb.

b. Earrings

(1) Men. Not authorized while in uniform. Additionally, earrings are not authorized in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities. When considered appropriate by the prescribing authority under article 7201.2, earrings may be prohibited while in foreign countries.

(2) Women. One earring per ear (centered on earlobe) may be worn while in uniform. Earrings shall be 4mm - 6mm ball (approximately 1/8 - 1/4 inch), plain with shiny or brushed matte finish, screw on or with posts. When wearing Working and Service Uniforms, Officers and CPOs will wear gold earrings and E6 and below females shall wear silver earrings. When wearing Dress Uniforms White Pearl earrings are optional. White Pearl and Diamond earrings are authorized for optional wear with the Dinner Dress White or Blue Jacket uniform. Synthetic variants of pearl or diamond earrings are acceptable if they meet color and size requirements.

c. Body Piercing. Not authorized while in uniform. No articles, other than earrings for women specified above, shall be attached to or through the ear, nose, or any other body part. Additionally, body piercing is not authorized in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities. When considered appropriate by the prescribing authority under article 7201.2, body piercing may be prohibited while in foreign countries.

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

d. Necklaces/Choker. While in uniform, only one necklace may be worn and it shall not be visible.

e. Bracelets. While in uniform, bracelets shall be conservative. Bracelets that distract from the professional military appearance of the individual in uniform are not authorized. Bracelets may consist of natural metals or fabricated materials (i.e., plastic, wood, silicone) and may be gold, silver, copper, grey, tan, brown, black, white, or light pink in color. Only one bracelet may be worn while in uniform. Ankle bracelets in uniform are not authorized. Bracelets shall not present a uniform distraction, safety or FOD hazard.

f. Wristwatch. While in uniform, wristwatches shall be conservative. Wristwatches that distract the professional military appearance of the individual in uniform are not authorized. Only one watch and one bracelet may be worn simultaneously (one on each wrist) while in uniform.

6. Chapter 3, Uniform Components, Sections 5/6, Description and Wear of Uniform Components, Article 3501.8.

Deleted:

3501.8. Cap, Ball

	<p>a. <u>Description</u>. Made of standard navy blue or coyote brown, wool, synthetic, or blended fabric (figure 3501.8-1). The cap shall be a conventional baseball cap style with NAVY embroidered or sewn in approximately 1-1/4 inch gold block letters centered on the front and may have adjustable hat band and mesh back section. NAVY logo may be substituted with the command name, designation, and/or command logos in good taste. If the individual's name is affixed, it is centered on the back of the cap in sewn or embroidered letters. The lettering may be in traditional command colors. The cap may be worn with civilian attire on or off base, without insignia. Authorized position held or rank titles (i.e., CO, XO, CMC, Plankowner, CHENG, OPS, DECK LCPO, etc.) or rank/rate with surname that are professional and in good taste may be centered on the back of the cap in sewn or embroidered letters and the lettering may be in traditional command colors (no nicknames.) Ball caps with titles are not authorized for wear with civilian attire. Visor ornamentation, standard gold color, is authorized for officers.</p> <p>b. <u>Rank Insignia</u>. Officers may wear miniature size cap insignia and chief petty officers may wear the garrison cap insignia. E4-E6 personnel may wear regular size insignia consisting of a silver eagle and chevron(s). Petty officers entitled to wear gold rating badges and service stripes on</p>
	

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

 <p align="center">Figure 3501.8-1 Cap, Ball</p>	<p>their Service Dress Blue uniform may wear gold chevrons vice silver on their cap device.</p> <p>c. <u>Correct Wear</u>. Wear squarely on the head, with bottom edge parallel to and 1-1/2 inch above the eyebrows. Center insignia 1-1/4 inches from the visor.</p> <p>d. <u>Occasion for Wear</u>. The navy blue NAVY and Command Ball Caps (navy blue and coyote brown) are authorized for optional wear with the NWU Types II and III, Navy Coveralls (Article 3501.18), Flight Suits, and the Physical Training Uniform (PTU) (Shirt/Shorts/Fitness Suit/Sweat Shirt/Sweat Pants). For the NWU Types II and III, the eight-point cover will remain the standard head gear worn during uniform inspections, special events, and as determined by the Regional Commander or unit Commanding Officer.</p> <p>e. <u>Ownership Markings (Optional for Officers/CPOs)</u>. Surname, first initial and middle initial (if applicable) on sweatband.</p>
--	---

Added:

3501.8. Cap, Ball

	<p>a. <u>Description</u>. Made of standard navy blue or coyote brown, wool, synthetic, or blended fabric (figure 3501.8-1). The cap shall be a conventional baseball cap style with NAVY embroidered or sewn in approximately 1-1/4 inch gold block letters centered on the front and may have adjustable hat band and mesh back section. NAVY logo may be substituted with the command name, designation, and/or command logo that are conservative. If the individual's name is affixed, it is centered on the back of the cap in sewn or embroidered letters. The lettering may be in traditional command colors. The cap may be worn with civilian attire on or off base, without insignia. Authorized position held or rank titles (i.e., CO, XO, CMC, Plank Owner, CHENG, OPS, DECK LCPO, etc.) or rank/rate with surname that are professional and conservative may be centered on the back of the cap in sewn or embroidered letters and the lettering may be in traditional command colors (no nicknames.) Ball caps with titles are not authorized for wear with civilian attire. Visor ornamentation, standard gold color, is authorized for officers.</p> <p>b. <u>Rank Insignia</u>. Officers may wear miniature size cap insignia and chief petty officers may wear the garrison cap insignia. E4-E6 personnel may wear regular size insignia consisting of a silver eagle and chevron(s). Petty Officers</p>
---	---

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

 <p align="center">Figure 3501.8-1 Cap, Ball</p>	<p>entitled to wear gold rating badges and service stripes on their Service Dress Blue uniform may wear gold chevrons vice silver on their cap device.</p> <p>c. <u>Correct Wear</u>. Wear squarely on the head, with bottom edge parallel to and 1-1/2 inch above the eyebrows. Center insignia 1-1/4 inches from the visor.</p> <p>d. <u>Occasion for Wear</u>. The navy blue NAVY and Command Ball Caps (navy blue and coyote brown) are authorized for optional wear with the NWU Types II and III, Navy Coveralls (Article 3501.18), Flight Suits, and the Physical Training Uniform (PTU) (Shirt/Shorts/Fitness Suit/Sweat Shirt/Sweat Pants). For the NWU Types II and III, the eight-point cover will remain the standard head gear worn during uniform inspections, special events, and as determined by the Regional Commander or unit Commanding Officer.</p> <p>e. <u>Ownership Markings</u> (Optional for Officers/CPOs). Surname, first initial and middle initial (if applicable) on sweatband.</p>
--	--

7. Chapter 3, Uniform Components, Sections 5/6, Description and Wear of Uniform Components, Article 3603.2.

Deleted:

3603.2. Undershirt, Cotton, Crewneck

 <p align="center">Figure 3603.2-1 Undershirt (NWU Type III)</p>	<p>a. <u>Description</u></p> <p>(1) <u>Standard Shirt</u>. Coyote brown, plain without lettering or designs, made of 100% cotton, quarter-length sleeve, with an elliptical (crew-neck) collar (see Figure 3603.2-1).</p> <p>(2) <u>Command Logos/Navy Pride Shirts</u>. At the Commanding Officer's discretion, command logos are authorized on t-shirts for optional wear with all working/utility uniforms (NWU Type II/III, Navy coveralls, and flight suits). Command logos may be applied via heat transfer, silk screen or embroidery to one-hundred percent cotton t-shirts. Logos may be worn on the front and back of t-shirts that are in good taste, enhance unit esprit de corps and reflect well upon the Navy and the unit they represent. Logo placement is as follows:</p> <p>(a) The front logo will be placed on the left side of the wearer above the breast and will be no larger than 3 inches</p>
--	--

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

 <p align="center">Figure 3603.2-2 Nursing Undershirt (NWU Type III)</p>	<p>in height and width.</p> <p>(b) The logo placed on the back of the t-shirt will be centered and may encompass the entire back.</p> <p>(c) Logo colors will be conservative, non-reflective and will not be visible when worn with the uniform shirt, coveralls or flight suit.</p> <p>b. <u>Correct Wear.</u> Wear right side out, front of shirt to front of body. When worn with uniform trousers, the t-shirt will remain tucked in. The coyote brown undershirt is worn with the NWU Type III and coveralls, Navy (Article 3501.18). Organizationally issued or personally purchased thermal underwear is authorized for wear underneath the undershirt and will not be visible when worn.</p> <p>c. <u>Nursing Undershirts.</u> Nursing undershirts are authorized as an optional uniform item for nursing Sailors. Nursing T-shirts may be long or short sleeve and must be coyote brown when worn with the NWU Types II and III (see Figure 3603.2-2). Long sleeve nursing T-shirts will be worn with fully extended long sleeve uniform shirt/blouses only (i.e. not with short sleeve uniforms/rolled up sleeves). Nursing T-shirt will be worn tucked-in unless worn with maternity uniforms. When worn with maternity uniforms, the T-shirt will not extend beyond nor be visible below the hem of the maternity top being worn. Removal of a uniform shirt/blouse when wearing a nursing T-shirt is authorized only in designated lactation rooms. Nursing T-shirts are not authorized in environments requiring safety or organizational clothing.</p> <p>d. <u>Ownership Markings.</u> Last name, first initial and middle initial on outside of the front, 1 inch from the bottom of the shirt and at right of the center.</p>
--	--

Added:

3603.2. Undershirt, Cotton, Crewneck

	<p>a. Description</p> <p>(1) <u>Standard Shirt.</u> Coyote brown, plain without lettering or designs, made of 100% cotton, quarter-length sleeve, with an elliptical (crew-neck) collar (see Figure 3603.2-1).</p> <p>(2) <u>Command Logos/Navy Pride Shirts.</u> At the</p>
--	--

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**



**Figure 3603.2-1
Undershirt
(NWU Type III)**



**Figure 3603.2-2
Nursing Undershirt
(NWU Type III)**

Commanding Officer's discretion, command logos are authorized on t-shirts for optional wear with all working/utility uniforms (NWU Type II/III, Navy coveralls, and flight suits). Command logos may be applied via heat transfer, silk screen or embroidery to one-hundred percent cotton t-shirts. Logos may be worn on the front and back of t-shirts that are conservative, enhance unit esprit de corps and reflect well upon the Navy and the unit they represent. Logo placement is as follows:

(a) The front logo will be placed on the left side of the wearer above the breast and will be no larger than 3 inches in height and width.

(b) The logo placed on the back of the t-shirt will be centered and may encompass the entire back.

(c) Logo colors will be conservative, non-reflective and will not be visible when worn with the uniform shirt, coveralls or flight suit.

b. Correct Wear. Wear right side out, front of shirt to front of body. When worn with uniform trousers, the t-shirt will remain tucked in. The coyote brown undershirt is worn with the NWU Type III and coveralls, Navy (Article 3501.18). Organizationally issued or personally purchased thermal underwear is authorized for wear underneath the undershirt and will not be visible when worn.

c. Nursing Undershirts. Nursing undershirts are authorized as an optional uniform item for nursing Sailors. Nursing T-shirts may be long or short sleeve and must be coyote brown when worn with the NWU Types II and III (see Figure 3603.2-2). Long sleeve nursing T-shirts will be worn with fully extended long sleeve uniform shirt/blouses only (i.e. not with short sleeve uniforms/rolled up sleeves). Nursing T-shirt will be worn tucked-in unless worn with maternity uniforms. When worn with maternity uniforms, the T-shirt will not extend beyond nor be visible below the hem of the maternity top being worn. Removal of a uniform shirt/blouse when wearing a nursing T-shirt is authorized only in designated lactation rooms. Nursing T-shirts are not authorized in environments requiring safety or organizational clothing.

d. Ownership Markings. Last name, first initial and middle initial on outside of the front, 1 inch from the bottom of the shirt and at right of the center.

8. Chapter 5, Identification Badges/Awards/Insignia, Military Decorations

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

Deleted:

MILITARY DECORATIONS

MEDAL OF HONOR

With Service Ribbon (Navy-Marine Corps-Coast Guard) for conspicuous gallantry and intrepidity at the risk of life, above and beyond the call of duty, in action involving actual conflict with an opposing armed force.

Added:

MEDAL OF HONOR

With Service Ribbon (Navy-Marine Corps-Coast Guard) for gallantry and intrepidity at the risk of life, above and beyond the call of duty, in action involving actual conflict with an opposing armed force

9. Chapter 6, Special Uniform Situations, Section 8, Organizational Clothing and Privately Owned Protective Clothing, Flight Clothing, Article 6803.3.b.1.a

Deleted:

(a) Insignia/Patches. Rank shall be indicated on the nametag. Required nametags shall be centered on the left breast above the slash pocket and below the shoulder seam. Nametags for sage green jackets or vest will be black or brown leather or cloth embroidered in squadron colors, and 2 inches by 4 inches in size. Nametags for tan jackets shall be brown leather or matching tan cloth embroidered in squadron colors and 2 inches by 4 inches in size. Centered in the top field will be the aircrew designation insignia (i.e., pilot, NFO, aircrew, EAWS, etc.). The name block letter will occupy the lower field and will include a minimum first name or initial and last name. Where appropriate, billet title (i.e., CO, XO, CAG, etc.) is optional. Patches may be affixed to the CWU-36/P Summer weight jacket either by hook and pile (Velcro) or directly to the jacket at the discretion of the individual, subject to Commanding Officer guidance. Patches shall not be affixed to the Multi-Climate Shell jacket. In all cases, patches shall be in good taste and will be reflective of Naval aviation professionalism.

Added:

(a) Insignia/Patches. Rank shall be indicated on the nametag. Required nametags shall be centered on the left breast above the slash pocket and below the shoulder seam. Nametags for sage green jackets or vest will be black or brown leather or cloth embroidered in squadron colors, and 2 inches by 4 inches in size. Nametags for tan jackets shall be brown leather or matching tan cloth embroidered in squadron colors and 2 inches by 4 inches in size. Centered in the top field will be the aircrew designation insignia (i.e., pilot, NFO, aircrew, EAWS, etc.). The name block letter will occupy the lower field and will include a

**U.S. Navy Uniform Regulations
Summary of Changes (02 April 2021)**

minimum first name or initial and last name. Where appropriate, billet title (i.e., CO, XO, CAG, etc.) is optional. Patches may be affixed to the CWU-36/P Summer weight jacket either by hook and pile (Velcro) or directly to the jacket at the discretion of the individual, subject to Commanding Officer guidance. Patches shall not be affixed to the Multi-Climate Shell jacket. In all cases, patches shall be conservative and will be reflective of naval aviation professionalism.

10. Chapter 7, Civilian Clothing, Section 1, General Information, Casual Civilian Attire, Article 7101.2

Deleted:

2. CASUAL CIVILIAN ATTIRE. Naval personnel shall ensure that their dress and personal appearance are appropriate for the occasion and will not discredit the Navy. Current styles and fashions which are conservative **and in good taste** are authorized. Tank-top shirts, cut-off shorts, and shower sandals are not acceptable within the confines of a military installation.

Added:

. 2 **CASUAL CIVILIAN ATTIRE**. Naval personnel shall ensure that their dress and personal appearance are appropriate for the occasion and will not discredit the Navy. Current styles and fashions which are conservative are authorized. Tank-top shirts, cut-off shorts, and shower sandals are not acceptable within the confines of a military installation.