

MILPERSMAN 1210-220

NAVAL SPECIAL WARFARE (NSW) OFFICER - SEA, AIR, LAND (SEAL)

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REFERENCES	(a) OPNAVINST 1210.5, Lateral Transfer/ Re-designation and Augmentation of Officers in the Navy (b) NAVMED P-117, Chapter 15, article 15-105 (c) USNAINST 1301.5E, Midshipmen Service Assignment (d) OPNAVINST 1420.1B, Enlisted to Officer Commissioning Programs Application Administrative Manual (e) OPNAV (N13) Program Authorization 100D of 28 Jun 2013 (NOTAL) (f) Naval Military Personnel Manual (NAVPERS) 15665I, Uniform Regulations (g) Naval Sea Systems Command, (NAVSEA) US Navy Diving Manual 0910-LP-106-0957 (h) Defense Finance and Accounting Service (DFAS) Procedures Training Guide (PTG)
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1. **Description.** The 113X designator is applied to officers qualified through formal training and practical experience in duty involving diving, parachuting, and demolition of explosives in the conduct of naval special warfare (NSW) operations.

2. **Sea, Air, and Land (SEAL) Officer Accession Policy**

a. Active duty officers may volunteer for NSW training and assignment. Those seeking lateral transfers must follow guidance outlined in MILPERSMAN 1212-010. Restricted line (RL) and staff corps officers must change designator to the unrestricted line (URL) through Navy Personnel Command (NAVPERSCOM). See reference (a) for guidance.

b. Active duty officers of other Services should reference MILPERSMAN 1300-082 for guidance on interservice transfers.

c. Applicants for this program must understand the unique nature of training and assignment prior to volunteering.

d. Entry Requirements for Officer Candidate School (OCS)

(1) Applicants must be at least 19 years old and not past their 29th birthday by date of commissioning. Age waivers will be considered for active or previously active duty personnel, or civilians who possess particularly exceptional qualifications provided they can be commissioned prior to their 42nd birthday. Waivers will be considered by Bureau of Naval Personnel (BUPERS), Naval Special Warfare Officer Community Manager (BUPERS 311D);

(2) Applicants must have a baccalaureate degree from an accredited institution;

(3) Applicants must agree to serve for 4 years post qualification, defined as graduation from SEAL qualification training (SQT), or until completion of previously acquired minimum obligated service, whichever is longer. No additional service obligation is incurred if Service member is involuntarily disenrolled because of disqualification. Disenrolled Service members must either serve on active duty until completion of prior minimum service obligation or be separated by NAVPERSCOM, depending upon the needs of the Navy at the time of disenrollment;

(4) Applicants must meet the following medical standards, as specified in reference (b):

(a) Vision must be correctable to 20/25. Uncorrected vision must be at least 20/70 in the worst eye and 20/40 in the best. Deficient color vision is disqualifying. Symptomatic or functional night vision deficiency is disqualifying. Symptomatic or subjective loss of depth perception is disqualifying. Waivers for vision standards will not be granted.

(b) Corrective procedures including photorefractive keratectomy (PRK), laser in-situ keratomileusis (LASIK), laser epithelial keratomileusis (LASEK), or intraocular lens implants

(including intraocular collamer lens implants) within the preceding 3 months are disqualifying.

(5) Applicants must satisfactorily complete a physical screening test (PST) outlined in MILPERSMAN 1220-410, and results must be confirmed by a commissioned officer. Candidates should ensure the PST is coordinated and scheduled with their recruiter, commanding officer, or immediate superior in command (ISIC).

(6) Drug Abuse Policy

(a) OCS applicants with a history of preservice drug use desiring NSW training will submit waiver requests to Commander, Naval Recruiting Command (CNRC) via their officer recruiter.

(b) No waivers will be approved for officers seeking NSW training with previous in-service drug use.

(7) Lateral transfer candidates must have achieved final warfare qualification in their current community per reference (a).

3. **SEAL Officer Application Procedures**. Individuals interested in becoming SEAL officers must follow these guidelines:

a. To become a SEAL officer, a candidate must first be commissioned through one of the following sources:

(1) U.S. Naval Academy (USNA);

(2) OCS;

(3) Naval Reserve Officer Training Corps (NROTC); or

(4) NSW also accepts a limited number of in-fleet transfers and officers from other Services and Service academies.

b. To be considered for an officer slot at basic underwater demolition/SEAL (BUD/S) training, applicants must pass and excel on the SEAL PST, and prepare and submit an application package for the SEAL officer selection screening process.

c. The screening panel will review and select the most competitive applicants for further screening upon receipt of applicants' packages. USNA candidates' screening process is separate and independent of the above, and takes place at the USNA.

d. Application procedures differ based on the candidate's background and or commissioning source. Templates and examples of items necessary for inclusion in application packages can be found on the NAVPERSCOM Web site on the SEAL officer community manager's (OCM) Web page. Candidates are advised to frequently reference the SEAL OCM's Web site at:
<http://www.public.navy.mil/bupers-npc/officer/communitymanagers/Unrestricted/nsw/Pages/SEALOfficerSelection.aspx>

(1) **USNA.** The application process for USNA midshipmen is administered by the senior SEAL officer at USNA. Midshipmen should contact the academy's senior SEAL officer as soon as possible to express interest and begin defining their path forward. Midshipmen are encouraged to choose a technical and challenging degree and to participate in a team-based athletic activity. Reference (c) outlines requirements for Service assignment to NSW.

(2) **NROTC.** NSW selects a limited number of NROTC midshipmen to attend BUD/S training each year. Beginning their 4/C year, midshipmen should inform their chain of command of their intention to be selected for an NSW 1/C summer cruise quota, and seek out current and former SEALs for mentorship. Midshipmen must submit a package during their 2/C year. This package will be used for consideration to attend NSW summer cruise and final selection. Applications must be submitted via the midshipman's chain of command to Naval Service Training Command, Pensacola FL (NSTC), Officer Development Department (OD4) for processing. The midshipman's application will then be routed to the SEAL OCM (BUPERS-311D). Midshipmen will be notified by NSTC in the fall of their 1/C year as to final selection. The SEAL OCM (BUPERS-311D) and SEAL Detailer, NAVPERSCOM (PERS-415) will follow up with selectees with additional information. Midshipmen must coordinate package submission with their chain of command and refer to the SEAL OCM Web site for guidance:
<http://www.public.navy.mil/bupers-npc/officer/communitymanagers/Unrestricted/nsw/Pages/NROTC.aspx>

(3) **OCS.** Interested applicants should contact a Navy officer recruiter, and communicate their interest in being commissioned through OCS and becoming a SEAL officer in training (designator 1180). Applicants should request introduction to a SEAL mentor at e-mail address motivators@navsoc.socom.mil. Applications must be submitted through Navy officer recruiters. Candidates must use references (d) and (e) when compiling their packages, coordinate package submission through their officer recruiter, and refer to the SEAL OCM Web page on the NAVPERSCOM Web site at the following Web address:
<http://www.public.navy.mil/bupers-npc/officer/communitymanagers/Unrestricted/nsw/Pages/OCS.aspx>

(4) **Interservice Academy.** The screening panel selects a very limited number of cadets or midshipmen from all Service academies for commissioning into the Navy, follow-on SEAL training, and designation as 1180. Interested applicants must be aware of requirements associated with interservice transfers as outlined in MILPERSMAN 1300-082. Applicants must work with their current command and the SEAL OCM (BUPERS 311D) to ensure proper application package submittal and processing. Complete packages must be submitted through an applicant's Service chain of command for approval with a copy concurrently sent to the SEAL OCM (BUPERS-311D) to ensure delayed staffing does not preclude SEAL board evaluation. If selected for an interservice commission, an applicant's final selection is not official until the losing Service and gaining Service approve the request. Proper routing is the responsibility of the applicant. Packages are due to SEAL OCM (BUPERS-311D) via e-mail at SEAL_OCM@navy.mil in the year prior to an applicant's commissioning. Approval of losing Service is due no later than 1 March of the applicant's commissioning year. The interservice commission process differs for each Service. Cadets and or midshipmen must coordinate package submission with their chain of command and refer to the SEAL OCM Web site for guidance:
<http://www.public.navy.mil/BUPERS-NPC/OFFICER/COMMUNITYMANAGERS/UNRESTRICTED/NSW/Pages/InterServiceCommission.aspx>

(5) **Interservice Transfer.** The screening panel selects a very limited number of officers from the Army, Air Force, Marine Corps, Coast Guard, Public Health Service, and the National Oceanic and Atmospheric Administration for redesignation as 1180 and follow-on SEAL training. Applicants must be O-1 or O-2 at package submission date and on permanent active duty throughout the selection and transfer process. The

SEAL officer community manager will determine and publish eligible year groups based on the needs of NSW. Interested applicants must be aware of requirements associated with interservice transfers as outlined in MILPERSMAN 1300-082. Applicants should work with the SEAL OCM (BUPERS-311D) to ensure their packages are complete and properly submitted. Candidates must refer to the NAVPERSCOM Web site on the SEAL OCM Web page for guidance:

<http://www.public.navy.mil/bupers-npc/officer/communitymanagers/Unrestricted/nsw/Pages/Inter-ServiceTransfer.aspx>

(6) **Lateral Transfer - URL, RL, and Staff Corps**

Officers. Each year the screening panel selects a limited number of URL officers for redesignation as 1180 and follow-on SEAL training. Eligible applicants must be an O-1 or O-2 at package submission date and qualified in a warfare designator and on permanent active duty throughout the selection and transfer process. The SEAL OCM (BUPERS-311D) will determine and publish eligible year groups based on the needs of NSW.

Applicants should work with their current command and the SEAL OCM (BUPERS-311) to ensure packages are complete and properly submitted. The SEAL OCM (BUPERS-311D) will notify applicants of final selection. Candidates must be released from their losing warfare community and report to BUD/S within the fiscal year in which they are applying. Applicants must also ensure specific requirements for redesignation have been completed per reference

(a). Eligible candidates must coordinate package submission with their chain of command and refer to the SEAL OCM Web page on the NAVPERSCOM Web site: <http://www.public.navy.mil/bupers-npc/officer/communitymanagers/Unrestricted/nsw/Pages/SEALOfficerSelection.aspx>

4. **Initial Training**

a. Up-to-date course information, BUD/S training, prerequisites, and class convening dates are contained in the Catalog of Navy Training Courses (CANTRAC) which can be accessed via common access card (CAC) login. Individuals without CAC login capability should speak with their recruiter or ISIC, or for more information, visit the NAVPERSCOM Web site at the following Web address: www.sealswcc.com.

b. Officers selected for NSW training will be ordered to BUD/S training (K-431-0037, K-431-0058) (21 weeks). Prior to the completion of BUD/S, their designator will be changed to 1180.

c. Upon completion of initial training, officers will be ordered to Junior Officer Training Course (JOTC) (K-431-0058) (5 weeks), Maritime Cold Weather Training (K431-0098) (4 weeks), SQT (K-431-0059) (13 weeks), Static Line (K-431-0135) (1 week), Military Freefall (K-431-0136) (3 Weeks), Survival Evasion Resistance Escape Training (SERE) (K-431-0400) (2 weeks), Combatives (K-431-0097) (2 weeks), and Advanced Special Operations Training (K-431-0107) (1 week).

d. Officers disenrolled from BUD/S training through voluntary drop on request will be made available for reassignment within the Navy via the probationary officer continuation and redesignation (POCR) Board and will not be reconsidered for BUD/S. Such officers may apply for other voluntary diving related training after a minimum of 1 year of service.

e. Newly commissioned officers formerly qualified in NSW as enlisted SEALs (Navy enlisted classification O26A) will receive orders to NSW Basic Training Command, Coronado, CA following their commissioning date. Such officers will attend JOTC and upon successful completion, may be recommended for designation as 1130 by NSW Basic Training Command, Coronado, CA. The determination as to the necessity of any additional training for officers subject to this subparagraph must be at the discretion of the Commanding Officer, NSW Basic Training Command, Coronada, CA or the ISIC.

5. **Non-Qualification.** If an officer is unable to achieve qualification in NSW, the Commanding Officer, Naval Special Warfare Center (NAVSPECWARCEN) must take one of the following actions:

a. Submit a report to NAVPERSCOM, Special Warfare Detailing Branch (PERS-415) via the administrative chain of command containing the circumstances for non-qualification, the officer's potential, and a recommendation of assignment to duty other than NSW. In this case, the officer will be sent to the POCR Board and may apply for redesignation or separation; or

b. Place the officer in a probationary status and upon completion of the probationary period, find the officer either qualified or not qualified, or extend the probationary period.

6. **Designation as NSW Officer.** Upon successful completion of the requirements outlined in paragraph 5 and demonstration of leadership capability, officers are qualified to receive the NSW additional qualification designator (AQD) "QC9" and receive assignment to a SEAL team. Commanding Officer, NAVSPECWARCEN must designate such candidates "Qualified in Naval Special Warfare" and submit a letter to NAVPERSCOM (PERS-415) requesting officers' designators be changed from 1180 to 113X (SEAL officer). NAVPERSCOM (PERS-415) will validate and forward the request to NAVPERSCOM, Officer Accessions and Promotions (PERS-806) who will change officer's designators and make necessary entries in their personnel records.

7. **Insignia.** Qualified officers are authorized to wear the NSW insignia per reference (f). The Commanding Officer, Naval Special Warfare Center awards the insignia to officers successfully completing all aspects of training outlined in paragraph 4 above.

8. **Career Path**

a. Generally, the career path for an NSW officer will follow the below timeline:

BUDS SQT	AOIC <small>SEAL Team (ST) Only</small>	DIV. 1	OIC ST/SDV	DIV 2	TU Cdr OPS Trp Cdr	XO	PME PGE Joint	PME PGE Joint	CO	NSW Bonus	Joint NSW	MAJ CMD
0-2yr	2-4yr	4-6yr	6-8yr	8-10yr	10-12yr	12-14yr	14-16yr	16-18yr	18-20yr	20-22yr	22-24yr	24-26yr

Assistant officer in charge, officer in charge, platoon commander, executive officer (XO), commanding officer, and major command tours (or equivalents/designated milestone assignments as determined by Commander, Naval Special Warfare Command (NAVSPECWARCOM)) are required NSW officer tours to be eligible for promotion to the next grade.

b. To be eligible for XO, a SEAL officer must successfully complete a platoon commander tour (or equivalent), and is highly encouraged to

- (1) complete joint professional military education (JPME) phase I;

- (2) earn a master's degree; and
- (3) serve in two development tours.

c. To be eligible for commanding officer, a SEAL officer must have successfully completed an XO tour (or equivalent), a command qualification board, and is highly encouraged to complete the following:

- (1) complete JPME phases I and II (JPME phase I must be completed prior to assuming command);

- (2) earn a master's degree; and

- (3) serve in a joint billet and earn the joint qualified officer (JQO) designation. JQO requirements and a listing of qualifying joint billets can be found on the Joint Officer Management (PERS-450) Web page on the NAVPERSCOM Web site: <http://www.public.navy.mil/bupers-npc/officer/Detailing/jointofficer/Pages/default.aspx>

9. Education

a. NSW officers are highly encouraged to pursue post-graduate education. There are many opportunities within the Navy to obtain a postgraduate degree, including:

- (1) Pol-Mil Master's Program;
- (2) Navy Post-Graduate School;
- (3) Naval War College;
- (4) SEAL Princeton Scholarship; and
- (5) Olmstead Scholarship.

b. NSW officers interested in pursuing a postgraduate degree must contact the SEAL Officer Detailer, NAVPERSCOM (PERS-415) and visit the NAVPERSCOM (PERS-440) Graduate Education and Training Placement Web page on the NAVPERSCOM Web page: <http://www.public.navy.mil/bupers-npc/officer/Detailing/educationplacement/Pages/default.aspx>

10. **Sustainment of Qualifications**

a. Commanding officers are directed to ensure every opportunity is afforded for maintaining individual qualifications. Commands will document requalification as described in reference (g), MILPERSMAN 1220-030, MILPERSMAN 1220-260, and MILPERSMAN 1220-280. Completion of requalification training will be included in a member's official military personnel file (OMPF) via NAVPERS 1070/613 Administrative Remarks and may be accessed by using the following Web address: <http://www.public.navy.mil/bupers-npc/reference/forms/NAVPERS/Pages/default.aspx>. Commands will also ensure individual dives and parachute jumps are entered into the Navy/Marine Corps Dive/Jump Reporting System. Appropriate Navy comptroller (NAVCOMPT) forms will be sent per reference (h) in all instances in which diving, jumping, and or hazardous duty special pay are affected.

b. Diving requalification will be used to substantiate entitlement to special pay for diving, and will be completed under MILPERSMAN 1220-260.

c. Parachute requalification will be used to substantiate entitlement to special pay for high altitude low opening (HALO)/military freefall jump pay or static-line jump pay, and completed per with MILPERSMAN 1220-030.

d. Demolition requalification will be used to substantiate entitlement to special pay for duty involving the use of demolition, and will be completed in per MILPERSMAN 1220-280.

11. **Revocation of Warfare Qualification.** An officer that qualifies in NSW will be considered to retain such qualification indefinitely, unless the officer's performance of special warfare duty (as distinguished from physical disability) is such as to demonstrate the officer's unfitness. If an officer is believed unfit as a qualified SEAL, the officer's commanding officer or ISIC must send a recommendation with supporting documentation to NAVSPECWARCOM, via the administrative chain of command, recommending the officer's SEAL AQD be revoked and his authority to wear the NSW device withdrawn.

a. The officer will be afforded the opportunity to submit a written statement limited to two pages concerning the revocation of his authority to wear the NSW device. If the officer does not desire to submit a statement, the officer must be directed

to indicate this in writing and sign name. The statement must specifically indicate that the officer understands the circumstances surrounding the particular case, and that, if true, MILPERSMAN 1210-220 allows for the revocation of the officer's SEAL AQD. The statement must further indicate the officer's recognition that the revocation recommendation, if approved, will be filed in the officer's OMPF. The officer's statement must also be filed in the officer's OMPF. If appropriate, a recommendation for the revocation of an officer's SEAL AQD may be incorporated into a request for the officer's detachment for cause (DFC), as outlined in MILPERSMAN 1611-020.

b. Upon receipt of the commanding officers or ISIC's recommendation, NAVSPECWARCOM must direct a board of officers be convened to thoroughly review the revocation request. The board will consist of at least three officers qualified in NSW (1130) of the grade of captain (O6) or above. Written results and recommendations of the board will be forwarded to NAVSPECWARCOM for final endorsement and routing.

c. If NAVSPECWARCOM recommends revocation of the officer's NSW designation, the recommendation must be forwarded to NAVPERSCOM (PERS-415) for execution with NAVPERSCOM, Career Management Department (PERS-4).

d. Authority to wear the NSW insignia is withdrawn by a specific statement in the endorsed revocation request letter sent from NAVSPECWARCOM to NAVPERSCOM (PERS-415) and NAVPERSCOM (PERS-4). If revocation is approved, the subject officer must retain the 113X designator, but lose both the respective AQDs and authorization to wear the NSW device.

e. Upon removal of 113X designator and or respective AQD, NAVPERSCOM (PERS-415) will annotate such in the officer's OMPF and notify the officer (in writing) via administrative chain of command.

12. Reinstatement of Warfare Qualification

a. Officers may request reinstatement of a prior NSW AQD, and or authorization to wear the NSW device by sending a request to NAVSPECWARCOM.

(1) Upon receipt, NAVSPECWARCOM must thoroughly review the request and the reasons for revoking the officer's NSW AQD.

NAVSPECWARCOM must either approve or deny the request for reinstatement of SEAL qualification.

(2) If NAVSPECWARCOM approves the reinstatement of qualification, the approval must be forwarded to NAVPERSCOM (PERS-415) for execution with NAVPERSCOM (PERS-4).

(3) If the request for reinstatement of qualification is approved, the subject officer must regain the respective NSW AQD and authorization to wear the NSW device.

(4) Upon reinstatement of qualification, NAVPERSCOM (PERS-415) must annotate such in the officer's OMPF and notify the officer in writing via the administrative chain of command.

13. Procedure for Revocation of NSW Designation

a. The officer initiating a recommendation for revocation of designator must be the commanding officer or ISIC in the chain of command of the officer concerned.

b. A recommendation for designator revocation must cite the circumstances upon which the revocation is based, including, but not limited to the following:

(1) Unsatisfactory performance at sea, while deployed or during high risk evolutions;

(2) Gross lack of professional or personal judgment, lack of moral or ethical behavior, and or conduct inconsistent with the SEAL ethos;

(3) Refusal to accept or perform duties afloat, or those involving imminent danger;

(4) Unfitness for sea duty or combat due to either a lack of, or loss of, confidence in warfighting, leadership, or managerial ability; or

(5) Misconduct that discredits NSW, harms operational or information security, or otherwise adversely impacts team discipline.

c. The recommendation must be sent to NAVSPECWARCOM via the administrative chain of command.

d. Written notification must be made to the officer concerned containing the following:

(1) The right to submit a written statement concerning the recommendation for revocation of the officer's designator;

(2) The fact that if the recommendation is approved, a copy must be filed in the officer's OMPF; and

(3) The right to not make a statement, which must be signed in writing.

e. The officer being considered for designator revocation via the officer's administrative chain of command

(1) may submit a statement to NAVSPECWARCOM via the administrative chain of command in which the officer served at the time of the events leading to the revocation request.

(2) (if unwilling to make a statement) must indicate receipt of the items listed in paragraph 13d, as well as the officer's unwillingness to make a statement (in writing and signed by the officer).

(3) must signify (in writing) a desire to either seek redesignation to another designator, submit a resignation via MILPERSMAN 1920-200, or retire (if eligible) should NAVSPECWARCOM endorse the designator revocation recommendation. Officers seeking redesignation must follow guidance outlined in MILPERSMAN 1212-010.

f. Upon receipt of the designator revocation recommendation, NAVSPECWARCOM must direct a board of officers TO be convened to thoroughly review the revocation request. The board will consist of at least three officers qualified in NSW (113X) of the grade of captain (O-6) or above. Written results and recommendations of the board will be forwarded to NAVSPECWARCOM for final endorsement and routing.

g. If the designator revocation request is endorsed by NAVSPECWARCOM, the recommendation must be forwarded to NAVPERSCOM (PERS-415) for execution within NAVPERSCOM (PERS-4). NAVSPECWARCOM may also include in his endorsed designator revocation recommendation a comment as to the officer's fitness for future naval service (in any capacity). While not required, the comment will be heavily considered by a board convened at

NAVPERSCOM following the officer's designator revocation to determine the officer's naval future.

h. Upon receipt of the endorsed designator revocation recommendation, NAVPERSCOM (PERS-415) will remove the subject officer's 113X designator in the officer's OMPF.

i. Upon designator removal, the officer will become a non-warfare qualified URL officer, designator 110X. NAVPERSCOM (PERS-415) will annotate the officer's OMPF accordingly.

j. Following designator removal,

(1) if the officer's total active duty service is less than 6 years, a POGR Board, consisting of various community managers and detailers, will review the officer's file for either redesignation and retention in-processing, or out-processing from the United States Navy.

(2) If the officer's total active duty service is 6 years or greater, the officer is not considered "probationary" and thus will not be subject to a POGR Board. NAVPERSCOM (PERS-415) in conjunction with NAVPERSCOM (PERS-4) will determine the officer's next duty station and command. The officer may either resign or fulfill his remaining service obligation as a non-warfare qualified URL officer.

14. **DFC**

a. A recommendation for revocation must not be made in lieu of DFC, nor must such recommendations automatically be included in the cases of DFC.

b. Revocation may be recommended coincidentally with a DFC, but will be administratively handled as a separate action by NAVPERSCOM.

c. Requests for DFC must be followed per MILPERSMAN 1611-020.

15. **SEAL Officer Resignation Procedure**

a. Per MILPERSMAN 1920-190 and MILPERSMAN 1920-200, SEAL officers wishing to resign their commission must submit their letters of resignation no later than 9 months, but not more than 12 months prior to the desired separation month. Letters of resignation must be submitted to the SEAL OCM (BUPERS-311D) and SEAL Detailer, NAVPERSCOM (PERS-415) via e-mail at (SEAL_OCM@navy.mil) and NAVPERSCOM, Officer Performance and Separations Branch (PERS-834F) at the following address:

COMMANDER NAVY PERSONNEL COMMAND PERS-834F 5720 INTEGRITY DRIVE MILLINGTON, TN 98055-8340 FAX: (901) 874-2625 E-MAIL: PERS-834F@navy.mil (preferred)

b. Questions with regard to an officer's eligibility to resign due to advanced education obligated service, bonuses, special pay, minimum tour for separation, minimum service requirement etc. must be directed to the officer's detailer.

c. Refer to the NAVPERSCOM (PERS-834F) Web page on the NAVPERSCOM Web site for further guidance:
<http://www.public.navy.mil/bupers-npc/career/personnelconductandseparations/Pages/OfficerResignations.aspx>

16. **SEAL Officer Retirement Procedure**. Voluntary active duty retirement requests must be submitted to NAVPERSCOM, Personnel Performance and Transition Division (PERS-83), per MILPERSMAN 1810-020, the SEAL Detailer, NAVPERSCOM (PERS-415), and the SEAL OCM (BUPERS-311D) (SEAL_OCM@navy.mil). Visit the NAVPERSCOM (PERS-835) Web page on the NAVPERSCOM Web site for further guidance:
<http://www.public.navy.mil/bupers-npc/career/retirement/OfficerRetirements/Pages/default.aspx>