

MILPERSMAN 1306-1206

LIMITED DUTY (LIMDU) FOLLOW-UP CARE

Responsible Office	NAVPERSCOM (PERS-4013C)	Phone:	COM FAX	(901) 873-5220 873-5253
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References	(a) NAVPERS 130000A (Transient Personnel Administration Manual) (b) BUMEDINST 1300.2 (c) NAVMED P-117, Manual of the Medical Department, Chapter 18
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Exhibits	1. Sample Message - Weekly Request for LIMDU or Assignment Screening Status 2. Sample Message - Weekly LIMDU Follow-up Disposition
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1. Policy

a. Per reference (a), each component of the limited duty (LIMDU) program (member, member's parent command, servicing Personnel Support Activity Detachment (PERSUPP DET) or personnel office, and cognizant military treatment facility (MTF)) shall assist in ensuring medical appointments are promptly completed and required reports are expeditiously processed.

b. The most efficient and successful LIMDU programs occur when managers of the LIMDU population meet to discuss issues on a regular basis; therefore, LIMDU coordinators from the MTF, PERSUPP DET, and commands with LIMDU personnel assigned shall meet at a minimum of once a month to resolve problems and analyze the process.

c. Suggestions for improvement in the LIMDU population management process should be submitted as soon as possible to Navy Personnel Command (NAVPERSCOM),

- Personnel Readiness Section (PERS-4013C)
- Transient Monitoring Unit (TMU) (PERS-4013C1A2)
- Disability Retirement/Limited Duty Section (PERS-4821).

2. Follow-up Appointments

a. All medical appointments for personnel in a temporary limited duty (TLD) status are required to be attended as directed by the medical officer. Any time there is a change in TLD status, the member must report to the PERSUPP DET within 24 hours.

b. Ensure leave (other than emergency) is coordinated with LIMDU coordinator and does not conflict or coincide with medical appointments.

c. The parent command LIMDU coordinator is responsible for ensuring that LIMDU members have provided a status of their TLD not later than 30 days prior to the expiration of TLD. If necessary, assist member in getting necessary appointments prior to expiration of TLD.

d. LIMDU coordinator at MTF will act as point of contact (POC) when parent commands are unable to schedule appointments.

e. The PERSUPP DET LIMDU coordinator will trace TLD personnel within 30 days of expiration of TLD using the **Weekly Request for LIMDU or Assignment Screening Status message**. See Exhibit 1. The request for LIMDU status message will be submitted weekly to the **parent command(s)** until status change results are received, with information copies to

- Bureau of Medicine and Surgery (BUMED) (BUMED-M3M1),
- NAVPERSCOM (PERS-4013C)
- NAVPERSCOM (PERS-4013C1A2)
- NAVPERSCOM (PERS-4821), and
- cognizant MTF.

f. Any time during a period of TLD the attending medical officer can make one of the following determinations:

(1) Member is able to "return to duty" (RTD).

(2) Member requires additional LIMDU, not to exceed 12 months.

(3) Member requires additional LIMDU, to exceed 12 months. (Requires NAVPERSCOM (PERS-4821) approval.)

(4) Medical board to be dictated referring the member to Physical Evaluation Board (PEB).

g. First and second periods of TLD only require Abbreviated Limited Duty Medical Board Report (AMEBR) approved locally by the cognizant MTF convening authority (CA). If there is a delay between the first and second periods, the elapsed time is applied toward the 12-month total. In these instances, the second period TLD will be less than 6 months.

h. When TLD cases return to duty (RTD), the AMEBR requires signature from cognizant MTF CA. No more than 5 working days may elapse from the date of RTD, CA signature, and PERSUPP DET notification by the MTF.

i. The member must notify the parent command and the PERSUPP DET within 24 hours of the pending RTD status change. The parent command must complete the assignment screening within 15 days of being able to RTD and forward completed assignment screening to PERSUPP DET within 24 hours. MILPERSMAN 1306-1208 refers.

j. PERSUPP DET is required to trace assignment screening results if not received from parent command within 15 days from the date a member is able to RTD. MILPERSMAN 1306-1208, Exhibit 3 refers.

k. PERSUPP DET will submit YJ availability and associated tracer actions upon receipt of completion of assignment screening. **NOTE:** You cannot fail an assignment screening. This availability will include one of the following remarks:

(1) **WORLD WIDE ASSIGNABLE.**

(2) **ASSIGNMENT LIMITED** (requires NAVPERSCOM, Enlisted Distribution Division (PERS-40BB) direction).

l. Cognizant MTF, per references (b) and (c), will advise

- NAVPERSCOM (PERS-4013C),
- NAVPERSCOM (PERS-4821),
- BUMED-M3M31,
- member's parent command, and
- servicing PERSUPP DET or personnel office,

via a weekly message of the status of all TLD personnel whose medical status changed during the previous week. This message shall be released each Friday. Exhibit 2 is a sample of a **Weekly LIMDU Follow-up Disposition** message. It is the responsibility of the cognizant MTF to ensure results of all follow-up appointments held the previous week are included on this message.

EXHIBIT 1

SAMPLE MESSAGE
WEEKLY REQUEST FOR LIMDU OR ASSIGNMENT SCREENING STATUS
(Use the proper message format containing the following.)

FM SERVICING PERSUPP DET/PERSONNEL OFFICE
TO PARENT COMMAND
COGNIZANT MEDICAL TREATMENT FACILITY
INFO BUMED WASHINGTON DC//M3M31//
NAVPERSCOM MILLINGTON TN//TMU/PERS4013C/PERS4821//
BT
UNCLAS //N06320//
MSGID/GENADMIN/PERSUPP DET_____/-/-//
SUBJ: WEEKLY REQUEST FOR LIMDU OR ASSIGNMENT SCREENING STATUS
REF/A/DOC/MILPERSMAN/YMD(041105)//
REF/B/DOC/NAVPERS 130000A/070101//
NARR/REF A IS MILPERSMAN 1306-1206 AND REF B IS TRANSIENT PERSONNEL
ADMINISTRATION MANUAL//
RMKS/1. PER REFS A AND B, REQUEST TLD STATUS OF PERSONNEL LISTED BELOW WHO
ARE WITHIN 30 DAYS OF EXPIRATION OF LIMDU:

CMD	NAME	GRADE/RATE	SSN	LIMDU EXP	NO. REQ
SIMA	SEA, A	BM3	000000000	04NOV18	1ST
AIMD	SAILOR, J	AZC	000000001	04NOV09	2ND

2. REQUEST TLD STATUS OF PERSONNEL LISTED BELOW WHO ARE BEYOND EXPIRATION OF
LIMDU.

CMD	NAME	GRADE/RATE	SSN	LIMDU EXP	NO. REQ
NAS	AIRMAN, J	AN	000000004	04OCT15	4TH

3. THE FOLLOWING PERS ARE RTD, AND ASSIGNMENT SCREENING RESULTS HAVE NOT
BEEN RECEIVED.

CMD	NAME	GRADE/RATE	SSN	RTD DATE	NO. REQ
AIMD	HAZLETT, M	AT1	000000005	04NOV03	2 ND

4. LIMDU COORDINATOR PS2(SW/AW) JOHN JAMES DSN: 564-0111;
COM (757) 867-5309.// EMAIL: JOHN.JAMES@NAVY.MIL//
BT

EXHIBIT 2

SAMPLE MESSAGE
WEEKLY LIMDU FOLLOW-UP DISPOSITION

(Use the proper message format containing the following.)

FM NAVHOSP _____
TO COMNAVPERSCOM MILLINGTON TN//TMU/PERS-4821//
PARENT COMMAND(S) OF MEMBER(S)
SERVICING PERSUPP DET(S)/PERSONNEL OFFICE(S)
INFO BUMED WASHINGTON DC//M3M31//
BT
UNCLAS //N06320//
MSGID/GENADMIN/NAVHOSP_____/--/--//
SUBJ: WEEKLY LIMDU FOLLOW-UP DISPOSITION
REF/A/DOC/MANMED/YMD(050110)//
REF/B/GENADMIN/COMNAVPERSCOM MILLINGTON TN/211500Z0CT88//
REF/C/GENADMIN/COMNAVPERSCOM MILLINGTON TN/280001ZNOV88//
RMKS/1. PER REFS A THROUGH C, FOL IS IMMEDIATE UPDATE OF LIMDU PERS FOR THE
PERIOD _____ TO _____.

A. FOL PERS EVALUATED AND ABLE TO RETURN TO DUTY. SERVICING PERSUPP DET/
PERSONNEL OFFICE SHOULD SUBMIT AVAIL AND/OR CHANGE ACC TO 100 AS APPROPRIATE.

NAME	RATE	SSN	CLINIC/DR	UIC/CMD	AVAIL DATE
SMITH, R.B.	SN	000000000	ORTHO/PETERS	00207/NAS JAX	92MAR23
JONES, A.J.	MM3	000000001	PSYCH/WOOD	00204/NAS CECIL	92MAY18

B. FOL PERS EVALUATED AND REC'D FOR ADDL PD OF LIMDU, NOT TO EXCEED 12 TOTAL
MONTHS OF TLD. FOR TMU, REQ ADJ LIMDU EXPIRATION DATE.

NAME	RATE	SSN	CLINIC/DR	UIC/CMD	NEW EXP DATE
MATT, D. NMN	SK2	000000002	ORTHO/PETERS	55467/NTC ORL	92JUL18
WILLIAMS, J.F. BM3		000000003	INTMED/JONES	00000/NSB KSBAY	92SEP15

C. FOL PERS EVALUATED AND REC'D FOR ADDL PD OF LIMDU, TO EXCEED 12 TOTAL
MONTHS OF TLD. FOR PERS-4821 MEDBD TO BE SUBMITTED FOR DEPARTMENTAL REVIEW.

NAME	RATE	SSN	CLINIC/DR	UIC/CMD	MEDBD DATE
MEADE, D. L.	PS1	000000004	ORTHO/PETERS	00207/NDW	92MAY14

D. FOL PERS EVALUATED AND UNFIT FOR ADDL LIMDU, CASE REFERRED TO PEB.

NAME	RATE	SSN	CLINIC/DR	UIC/CMD	MEDBD DATE
HORNBLOWER, H. FC2		000000005	ORTHO/PETERS	00207/NAS JAX	92MAR23

E. FOL PERS FAILED TO REPORT FOR SCHEDULED LIMDU FOLLOW-UP CARE APPT:

NAME	RATE	SSN	CLINIC/DR	UIC/CMD	NEW APPT
FELDERS, L.U. AT2		000000006	ORTHO/PETERS	00207/NAS JAX	1300/92APR06

2. POC HMC(SS) B.T. PERSON, PATIENT ADMIN (A) 942-7777.//
BT