

MILPERSMAN 1754-010

SEA LEGS

Responsible Office	CNI (212)	Phone:	DSN	882-4606
			COM	(901) 874-4606
			FAX	882-2630

References	NAVPERS 15309G, <i>Sea Legs</i>
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1. **What is Sea Legs?** NAVPERS 15309G, *Sea Legs* is a handbook for the assistance and information of Navy families.
2. **Content.** Although not all inclusive, *Sea Legs* serves as the first source of information on naval history, customs, traditions, officer and enlisted personnel, rights, benefits and privileges, and various family assistance programs and organizations.
3. **How to Order Sea Legs?** *Sea Legs* is available through regular supply channels (Stock Number 0500-LP-275-4711).