NAVAL STANDARDS

E1 through E9

Naval Standards (NAVSTDs) are skills and knowledges, other than those defined by Occupational Standards (OCCSTDs), which are essential to the overall effectiveness of enlisted personnel in the performance of duty; NAVSTDs encompass military requirements; essential virtues of pride of service in support of oath of enlistment; maintenance of good order and discipline; and basic skills and knowledges, pertaining to the well-being of Navy personnel, which directly contribute to the mission of the Navy.

NAVPERS 18068F

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NAVAL STANDARDS (NAVSTDs) FUNCTIONAL AREAS

- A. WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL
- B. SEAMANSHIP (DELETED; TASKS ABSORBED IN OTHER FAs)
- C. DRILL AND FORMATION
- D. UNIFORMS
- E. FORCE PROTECTION
- F. WATCHSTANDING (DELETED; TASKS ABSORBED INTO FA 'A')
- G. COMMUNICATIONS
- H. SHIPS & AIRCRAFT CHARACTERISTICS
- I. SAFETY
- J. FIRST AID & HEALTH
- K. SURVIVAL
- L. CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE)
- M. DAMAGE CONTROL
- N. MATERIAL PRESERVATION AND MAINTENANCE
- O. MILITARY JUSTICE
- P. CAREER INFORMATION
- O. TRAINING
- R. MANAGEMENT/ADMINISTRATION
- S. SEA POWER AND INTERNATIONAL AGREEMENTS
- T. CUSTOMS, TRADITIONS AND COURTESIES
- U. ORGANIZATION
- V. LEADERSHIP/SUPERVISION
- W. INTERNATIONAL AGREEMENTS (DELETED, TASKS ABSORBED INTO FA 'S')
- X. SECURITY REQUIREMENTS
- Y. PROGRAMS AND POLICIES
- Z. HAZARDOUS MATERIALS

<u>A</u> A003	WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL Define command-specific watch organization guidelines and procedures
A004	Describe the purpose and content of watch, quarter, and station bills
A009	Stand inport watches
A012	State the duties and responsibilities of an Armed Sentry
A013	State the eleven general orders of the sentry
<u>C</u> C016	DRILL AND FORMATION Execute individual positions and facing movements
C017	Execute procedures for close order drill
D D022	UNIFORMS Define organizational clothing
D023	Define the terms complementary appearance, professional military appearance, and uniform distraction as they apply to Navy uniforms
D025	Describe the requirements for maintaining a seabag
D026	Describe the uniform requirements while traveling
D027	Explain and demonstrate how to where Navy enlisted uniforms
D028	Explain how to wear Petty Officer (PO) insignias
D029	Explain the purpose of and qualifications required to earn and wear the service stripes
D030	Explain the regulations concerning Department of Defense (DoD) Common Access Card (CAC) military identification and ID tags (i.e., dog tags)
D031	Explain the regulations concerning Navy's grooming standards
D032	Explain the regulations for upkeep, wearing, and marking of organizational and special clothing
D033	Explain the regulations for wearing authorized military awards and breast insignias
D034	Explain the rules for wearing uniforms to political activities, commercial interest, public speeches or rallies
D035	Identify rank insignias and collar devices of Navy enlisted ratings
D036	Identify rank insignias and collar devices of Navy Officers
D037	Identify rank insignias and collar devices of other Armed Services
D038	Identify uniform inventory requirements for seabag inspections
D039	Maintain a seabag
D040	Maintain Navy grooming standards
D042	Properly wear and maintain Navy enlisted uniforms
E E044	FORCE PROTECTION Define and perform responsibilities specific to each Force Protection Condition (FPCON)
E045	Demonstrate proper operation of service pistol and shotgun

<u>E</u> E046	FORCE PROTECTION (CONT'D) Describe the basic requirements and procedures pertaining to a bomb threat
	· · · · · · · · · · · · · · · · · · ·
E047	Describe the safeguards against acts of terrorism and victimizations Describe the safeguards against terrorism while traveling and in foreign countries
E048	
E049 E050	State basic procedure to clear and safe a weapon State required Personal Protective Equipment (PPE) when firing small arms or in the vicinity of personnel who are firing small arms
<u>G</u>	COMMUNICATIONS
G053	Break-out, man, test, and secure communications equipment
G054	Pronounce numbers and phonetic alphabet
G055	Understand and employ Communications Security (COMSEC)
G056	Understand responsible use of social media
G057	Use standard procedures and phraseology on interior communications equipment
<u>Н</u> Н061	SHIPS & AIRCRAFT CHARACTERISTICS Describe the purpose and locations of Navy ship lifeboats
H062	Describe the purpose of and safety locations around Navy ships and aircraft
H065	Locate decks and compartments using ship compartment lettering and numbering systems
H066	Use deck and boat seamanship terminology
Ī	SAFETY
1068	Demonstrate general weapons safety
1069	Demonstrate standard issue Personal Protective Equipment (PPE) donning and doffing procedures (less damage control/firefighting equipment)
1070	Describe and adhere to the safety precautions when working with or in the vicinity of personnel aloft or over the side
1071	Describe and demonstrate Navy tag-out procedures
1072	Describe and perform basic/seamanship line handling procedures, observing appropriate safety precautions
1073	Describe and perform procedures for reporting safety hazards and violations
1074	Describe and perform safety precautions when divers are operating in the vicinity of a ship
1075	Describe and perform safety precautions/actions when suspicious mail is encountered
1076	Describe and perform the safety precautions when operating motor vehicles and motorcycles
1077	Describe and perform the safety precautions when working with or in the vicinity of acids, bases, and flammable liquids
1078	Describe and perform the safety precautions when working with or in the vicinity of aircraft
1079	Describe and perform the safety precautions when working with or in the vicinity of antennas

<u>I</u> 1080	SAFETY (CONT'D) Describe and perform the safety precautions when working with or in the vicinity of compressed air
1081	Describe and perform the safety precautions when working with or in the vicinity of compressed gases
1082	Describe and perform the safety precautions when working with or in the vicinity of cutting and welding operations
1083	Describe and perform the safety precautions when working with or in the vicinity of electrical and electronic equipment
1084	Describe and perform the safety precautions when working with or in the vicinity of Electromagnetic Radiation (EMR)
1085	Describe and perform the safety precautions when working with or in the vicinity of fiberglass and asbestos
1086	Describe and perform the safety precautions when working with or in the vicinity of heavy weight and moving equipment
1087	Describe and perform the safety precautions when working with or in the vicinity of high noise levels
1088	Describe and perform the safety precautions when working with or in the vicinity of lifelines, ladders, and scaffolding
1089	Describe and perform the safety precautions when working with or in the vicinity of liquids under pressure
1090	Describe and perform the safety precautions when working with or in the vicinity of power tools
1091	Describe and perform the safety precautions when working with or in the vicinity of pyrotechnics
1092	Describe and perform the safety precautions when working with or in the vicinity of rotating machinery
1093	Describe and perform the safety precautions when working with or in the vicinity of shipyards and dry docks
1094	Describe and perform the safety precautions when working with or in the vicinity of steam
1095	Describe and perform the safety precautions when working with or in the vicinity of suspended loads
1096	Describe and perform the safety precautions when working with or in the vicinity of voids, tanks, and closed compartments
1097	Describe the basic duties of a divisional Safety Petty Officer (SPO)
1098	Describe the dangers involved when handling a charged fire hose
1099	Describe the dangers of and perform the safety precautions when energizing and using electrical equipment in a space filled with explosive vapors
I100	Describe the hazards of and demonstrate the procedures for using fire extinguishing agents (e.g., Carbon Dioxide (CO ₂), Potassium Bicarbonate (Purple-K Powder (PKP)), Halon, etc.) while wearing breathing protection
I101	Describe the hazards of and perform the safety precautions when working in the vicinity of flight deck operations

<u>I</u> I102	SAFETY (CONT'D) Describe the precautions when handling and stowing fire extinguishers
1103	Describe the purpose and function of the command's safety council and safety
1100	committee
I104	Describe the purpose of the Navy Safety and Occupational Health Program
I106	Explain the safety precautions to be used when involved in sporting and recreational events
I108	Identify Operational Risk Management (ORM) concepts
I110	Identify the safety precautions to be used when embarked in small boats
l112	Know the basic safety rules in handling fire arms
I113	Maintain standard issue Personal Protective Equipment (PPE) (less damage control/firefighting equipment)
l114	Perform levels of readiness for chemical/biological agent attack utilizing the chemical, biological, and radiological defense procedures
<u>J</u>	FIRST AID & HEALTH
J117	Adhere to Perform Health Protection Condition (HPCON) level-specific responsibilities
J118	Control external bleeding with direct pressure
J119	Define responsibilities of each Health Protection Condition (HPCON) level
J120	Demonstrate procedures for controlling massive hemorrhaging with a tourniquet
J122	Demonstrate procedures for treating burns
J123	Describe and perform the procedures for rescuing a person in contact with an energized source
J124	Follow prescribed procedures for preventing Sexually Transmitted Disease (STD) infections
J125	Identify activities that maintain personal hygiene, health, and fitness
J126	Identify injuries requiring battle dressing applications
J127	Identify signs of a person suffering from an altered mental status (e.g., disorientation, dizziness, imbalance, incoordination, etc.)
J128	Identify signs of and state proper procedures for responding to suicidal-related behaviors
J129	Identify the principles of and perform basic first aid (e.g., burns, non-electrical shock, choking, bleeding, poison, cold/heat injuries, etc.)
J130	Identify the signs and symptoms of heat injuries
J131	Maintain good dental (oral) hygiene
J132	Maintain personal hygiene, health, and fitness
J133	Maintain sanitary conditions in and around living and working spaces
J134	Perform injury-related battle dressing applications
J135	Perform required procedures when transporting injured persons
J136	Recognize the signs and symptoms of and follow procedures for reporting Sexually Transmitted Disease (STD) infections
J137	Recognize the symptoms of drug and alcohol abuse

J138	Report instances of drug and alcohol misuse
<u>J</u> J139	FIRST AID & HEALTH (CONT'D) Report instances of suicidal thoughts or actions in others and self
J140	State the benefits of abstinence and barrier devices for reproductive health
J141	Treat heat injuries
J121	Demonstrate procedures for treating a person for electrical shock
<u>K</u> K142	SURVIVAL Demonstrate how to care for and use personal floatation devices
K143	Demonstrate how to use clothing and buoyant objects to stay afloat
K144	Demonstrate technique for swimming through burning fuel, oil, and debris
K145	Describe and demonstrate how to don and adjust standard issue Carbon Dioxide (CO ₂) inflatable and inherently buoyant life preservers
K146	Describe functional characteristics of Carbon Dioxide (CO ₂) inflatable life preserver
K147	Describe the methods and procedures for abandoning ship
K148	Describe the responsibilities and authority of the senior person in a survival situation
K149	Egress from working, berthing, and General Quarters (GQ) spaces
K150	Enter water from a height of ten feet using abandon ship procedures
K151	Perform floating technique using buoyant debris such as shoring and buckets
K152	Perform third class swimmer qualifications
K153	State how to use lifeboats and associated survival gear
	
<u>L</u>	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD
<u>L</u> L154	·
	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and
L154	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle"
L154 L155	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against
L154 L155 L156	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) Describe how to maintain and use standard issue Chemical, Biological, Radiological,
L154 L155 L156 L157	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) Describe how to maintain and use standard issue Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) protective equipment Describe the symptoms of Chemical, Biological, Radiological, Nuclear and High-Yield
L154 L155 L156 L157 L158	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) Describe how to maintain and use standard issue Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) protective equipment Describe the symptoms of Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) exposure Perform self-aid methods for Chemical, Biological, Radiological, Nuclear and High-Yield
L154 L155 L156 L157 L158 L159	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) Describe how to maintain and use standard issue Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) protective equipment Describe the symptoms of Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) exposure Perform self-aid methods for Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) in the event of exposure State how to perform self-aid methods for Chemical, Biological, Radiological, Radiological, Nuclear
L154 L155 L156 L157 L158 L159 L160	CHEMICAL, BIOLOGICAL, RADIOLOGICAL, NUCLEAR AND HIGH-YIELD EXPLOSIVES (CBRNE) Define the markers used to indicate Chemical, Biological, Radiological, Nuclear and High-Yield Explosives (CBRNE) contamination Define the terms: radiation dose, radiation dose rate, and material condition of "Circle William" Demonstrate the use of standard issue equipment and clothing to protect against Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) Describe how to maintain and use standard issue Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) protective equipment Describe the symptoms of Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) exposure Perform self-aid methods for Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) in the event of exposure State how to perform self-aid methods for Chemical, Biological, Radiological, Nuclear and High-Yield Explosive (CBRNE) exposure State the dissemination methods of decontamination procedures for chemical and

M	DAMAGE CONTROL
M164	Define the duties and responsibilities of a repair party
M165	Define the fire triangle and fire tetrahedron in terms of fire prevention and firefighting
M166	Define the purpose of Fire Team leaders
M168	Demonstrate how to stow damage control equipment
M169	Demonstrate the function and use of standard issue Self-Contained Breathing Apparatus (SCBA)
<u>М</u> М170	DAMAGE CONTROL (CONT'D) Describe the conditions that cause spontaneous combustion
M171	Describe the functions and purposes of the Damage Control (DC) organization
M172	Describe the number and location of Damage Control (DC) repair stations on assigned Navy ship
M173	Explain the purpose for compartmentation and its use in maintaining watertight integrity
M174	Extinguish fires using portable and installed shipboard fire extinguishing systems and equipment
M175	Identify location of damage control fittings and equipment within compartments using compartment check-off lists
M176	Identify the recommended extinguishing agents for each class of fire
M178	Properly don and operate standard issue Self-contained Breathing Apparatus (SCBA)
M179	Set and maintain primary and secondary fire, smoke and flooding boundaries
M180	State and demonstrate how to use and stow standard issue Emergency Escape Breathing Devices (EEBD) and/or Emergency Air Breathing (EAB) devices
M181	State how to determine the four classes of fire
M182	State how to prevent fires through housekeeping practices
M183	State how to report a fire or other casualties
M184	State procedures for establishing safe routes during casualty situations
M185	State the actions to take when emergency alarms are sounded
M186	State the contents and proper use of items in a shipboard Damage Control (DC) locker
M187	State the duties and responsibilities of a damage control emergency party
M188	State the hazards associated with firefighting
M189	State the meanings and reasons for setting Navy material conditions of readiness (e.g., X-ray, Yoke, Zebra, Dog Zebra, Circle William, etc.)
M190	State the methods and procedures for communications in a damage control situation
M191	State the procedures for breaking watertight integrity and darken ship
M192	State the procedures for operation of portable and installed dewatering equipment
M193	State the procedures for using portable or installed fire extinguishing systems
M194	State the purpose of general shipboard emergency alarms

<u>N</u> N195	MATERIAL PRESERVATION AND MAINTENANCE Clean, paint, and/or preserve required surfaces onboard Navy vessels and at shore facilities
N196	Identify fixtures, devices and surfaces to which paint or liquid cleaners should not be applied
N197	Maintain preservation material inventories (e.g., paint, paint removers/strippers, metal cleaners and polishing compounds, etc.)
N198	State the purposes of cleaning and preservation
<u>O</u> O200	MILITARY JUSTICE Define the content and responsibilities stated in Article (i) through (vi) of the Code of Conduct for members of the Armed Forces of the United States
O202	Define the procedures for redress of grievances
O203	Describe the concepts of Navy Core Values
O204	Describe the purpose of the liberty risk program
O206	Describe the requirements for and the benefits and consequences of various types of military discharges
O207	Explain the general content of Navy Regulations, Chapter 8 (Articles 0801-0803, 0810 0816, 0825-0826, 0829-0830, 0834 and 0835) and Chapter 10
O208	Explain the general content of Uniform Code of Military Justice (UCMJ) Articles 2, 3, 7 15, 25, 27, 31(b), 37, 55, 77-134, 137-138
O210	Explain the purpose of good order and military discipline
O211	Inform Chain of Command (CoC) on matters pertaining to good order and discipline
O215	State the types of courts-martial
<u>P</u>	CAREER INFORMATION
P216	Apply financial management practices
P220	Define importance of managing personal finances
P221	Define the purpose of the enlisted personnel performance evaluation system
P224	Describe how to prepare and route liberty requests (NAVPERS 1336 series)
P225	Describe how to prepare leave requests via the Navy Standard Integrated Personnel System (NSIPS)
P226	Describe military pay entitlements and the contents of leave and earning statements
P227	Describe the benefits of Department of Defense government insurance (e.g., Servicemembers' Group Life Insurance (SGLI))
P231	Describe the function of the Command Career Counselor (CCC)
P234	Describe the options for special programs and/or assignments
P235	Describe the policy regarding personal responsibilities and consequences of drug and alcohol abuse

<u>P</u> P237	CAREER INFORMATION (CONT'D) Describe the programs that lead to Navy Officer commissions
P238	Describe the purpose and components of the Navy's primary personnel and online training websites (e.g., Navy Standard Integrated Personnel System (NSIPS), Navy E-Learning (NeL), MyPay, etc.)
P239	Describe the purpose and procedures of a Career Development Board (CDB)
P240	Describe the purpose and procedures of the Navy Career Waypoints (C-WAY) program
P243	Describe the requirements for the good conduct medal
P244	Describe the rights, privileges, and benefits afforded to Sailors and their family members
P245	Describe the roles and functions of the Chief Petty Officer (CPO), Senior Chief Petty Officer (SCPO), and Master Chief Petty Officer (MCPO)
P252	Maintain Navy Standard Integrated Personnel System (NSIPS) account
P255	Prepare and route leave requests via the Navy Standard Integrated Personnel System (NSIPS)
P256	Prepare and route liberty requests (NAVPERS 1336 series)
P265	State the procedures and regulations governing leave and liberty requests
P267	Understand the roles and functions of Master Chief Petty Officer of the Navy (MCPON), Fleet/Force Master Chief (FLTCM/FORCM), Command Master Chief (CMDCM), and Command Senior Chief (CMDCS)
Q Q269	TRAINING Describe the function of the departmental and division Training Petty Officer (TPO)
Q270	Describe the function of the Educational Services Officer (ESO)
Q271	Describe the function of the Personnel Qualification Standard (PQS) system
Q272	Describe the procedures for accessing personal military experience and training information portals (e.g., Joint Service Transcript (JST), Electronic Service Record (ESR), Electronic Training Jacket (ETJ), etc.)
Q273	Describe the procedures for accessing rating-specific Learning and Development Roadmap (LaDR) documents
Q275	Describe the purpose for and utilization of the Navy's Learning and Development Roadmap (LaDR)
Q276	Describe the role of Coalition of Sailors Against Destructive Decisions (CSADD) in the command's training program
Q279	Explain the procedures for submitting personal military experience and training history information (e.g., Joint Service Transcript (JST), Electronic Service Record (ESR), Electronic Training Jacket (ETJ), etc.)
Q280	Explain the purpose of General Military Training (GMT)
Q281	Identify opportunities to reach education and career goals through the Navy Voluntary Education (VolEd) program
Q284	Participate in scenario-based/hands-on training
Q291	Understand the increased risk of "high risk" training

<u>Q</u>	TRAINING (CONT'D)
Q292	Utilize basic computer applications (e.g., word processors, spreadsheets, desktop publishing, electronic mail, electronic calendars, etc.)
Q293	Utilize online Navy information service portals (e.g., Navy Standard Integrated Personnel System (NSIPS), Navy E-Learning (NeL), MyPay, etc.)
Q294	Verify personal qualification records
<u>R</u> R305	MANAGEMENT/ADMINISTRATION Maintain logs and files
R308	Perform basic maintenance procedures (e.g., maintenance actions documentation, schedule reviews, etc.)
R314	Prepare Temporary Assigned Duty (TAD) travel requests/orders and vouchers (e.g., Defense Travel System (DTS), Navy Reserve Order Writing System (NROWS))
<u>s</u>	SEAPOWER AND INTERNATIONAL AGREEMENTS
S327	Describe the components of United States sea power: Navy, Merchant Marine, Coast Guard, and Military Sealift Command
S328	Describe the general provisions of the Geneva Convention concerning treatment and rights of Prisoners of War
S329	Describe the general provisions of the Law of Armed Conflict
S330	Describe the Navy's peacetime and wartime roles, missions, responsibilities, and challenges
S331	Discuss general Naval history and the evolution of today's Navy
<u>T</u>	CUSTOMS, TRADITIONS AND COURTESIES
T332	Describe ensign and jack handling procedures
T333	Describe how, when, and to whom the hand salute is rendered
T334	Describe national ensign etiquette
T336	Describe the procedures for conducting colors
T338	Describe the traditions related to uniforms and Navy jargon (e.g., scuttlebutt, head, etc.)
T339	Know and recite the National Anthem
T340	Know and recite the Pledge of Allegiance
T341	Know and recite the Sailor's Creed
T342	Perform courtesies afforded junior, midgrade, and senior enlisted/officers
T343	Perform military courtesies when a Foreign National Anthem is played
T344	Perform military courtesies when boarding and leaving a Naval vessel
T345	Perform military courtesies when crossing or being in the vicinity of the quarterdeck
T346	Perform military courtesies when honors are being rendered
T347	Perform military courtesies when the national ensign passes and/or when the National 8 Anthem or Navy Service song is played
T348	Tie four basic knots: bowline, clove hitch, square knot, and bowline on a bight

<u>U</u> U351	ORGANIZATION Describe the purpose, roles, and duties of the Work Center Supervisor
U352	Explain the purpose and function of the Chain of Command (CoC)
U356	Summarize scope and purpose of the Navy's Standard Organization and Regulations Manual (SORM)
U357	Summarize the content of the command's Standard Organization and Regulations Manual (SORM)
<u>V</u> V381	<u>LEADERSHIP/SUPERVISION</u> Define the role and responsibility of the Navy's Substance Abuse Rehabilitation Program/Drug And Alcohol Programs (SARP/DAPA)
V384	Describe Command Managed Equal Opportunity (CMEO) program and policies
V386	Describe the authority and responsibility of a Petty Officer (PO), Chief Petty Officer (CPO), and Officer
V387	Describe the benefits of pride, professionalism, personal excellence and community support programs
V388	Describe the purpose of followership and leadership
V405	Know the command's Substance Abuse Rehabilitation Program/Drug And Alcohol Programs advisors (SARP/DAPA)
V411	Participate in process improvement activities (e.g., Lean Six Sigma, Four Disciplines of Execution (4DX), etc.)
<u>X</u> X450	SECURITY REQUIREMENTS
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X451	Define the basic security policies, requirements and procedures for handling classified material and information
X452	Define the basic security requirements and procedures pertaining to Information Systems (IS)
X453	Define the difference between official and unofficial Internet-based Capability (IbC) posts
X455	Describe the responsibilities in handling command critical information
X456	Explain the basic requirements and procedures pertaining to telephone security
<u>Y</u> Y460	PROGRAMS AND POLICIES
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<u>Y</u>	PROGRAMS AND POLICIES
Y471	Describe how an individual's role in Operations Risk Management (ORM) is vital to mission success
Y472	Describe Navy regulations on tattoos, body art, and brands
Y473	Describe the basic fundamentals of Quality Assurance (QA)
Y477	Describe the meaning of risk-to-mission, risk-to-force, and risk-to-self
Y479	Describe the procedures for state and national voting
Y480	Describe the provisions of the Navy Family Ombudsman Program
Y481	Describe the provisions of the Navy Pride and Professional (NP&P) program (e.g., fraud, waste, abuse; Navy Core Values; equal opportunity, etc.)
Y482	Describe the provisions of the Privacy Act of 1974
Y483	Describe the purpose of the Department of Defense (DoD) Family Advocacy Program (FAP)
Y484	Describe the purpose of the Department of Defense (DoD) Victim/Witness Assistance Program (VWAP)
Y485	Describe the purpose of the Navy Physical Readiness Program (PRP) (OPNAVINST 6110.1 series)
Y486	Describe the purpose of the Navy's energy conservation program
Y487	Describe the purpose of the Navy's Mentorship Program
Y488	Describe the purpose of the Navy's Sexual Assault Prevention and Response (SAPR) program
Y490	Describe the sources of services available to Sailors and their family members
Y491	Describe the standards of conduct and professional ethics
Y492	Explain the Navy's policy on hazing (SECNAVINST 1610.2 series)
Y495	Explain the purpose of the Navy's Sponsorship Program
Y496	Identify command response procedures of sexual assault incidents
Y500	Identify the controls for environmental conditions and pollution (e.g., plastics-at-sea, ozone depletions, etc.)
Y502	Identify the most prevalent factors in perpetration of sexual assault incidents
Y503	Know whom in the command to communicate religious accommodation requests
Y506	State the definition of and policies pertaining to sexual harassment
Y508	Understand the Navy's Brilliant on the Basics component programs
<u>Z</u> Z509	HAZARDOUS MATERIALS Clean Hazardous Material (HAZMAT) associated containers
Z510	Define the proper procedures for and associated safety precautions when working with Hazardous Material (HAZMAT)
Z511	Describe the purpose of a Ships Hazardous Materials List (SHML)
Z512	Dispose of used absorbents (e.g., speedy dry, rags, etc.)
<i>7</i> 513	Dispose of used, excess, or spilled Hazardous Material (HAZMAT)

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<u>Z</u>	<u>HAZARDOUS MATERIALS (CONT'D)</u>
Z514	Explain how to clean and stow painting equipment
Z515	Identify types of preservative coatings and the surfaces upon which they are used
Z516	State the proper procedures for and associated safety precautions when in the vicinity of the removal, handling, or stowage of Hazardous Material (HAZMAT)
Z517	Utilize the Safety Data Sheet (SDS), labels, signs, and symbols to identify Hazardous Material (HAZMAT)

<u>H</u>	SHIPS & AIRCRAFT CHARACTERISTICS
H059	Describe the capabilities and limitations of assigned Navy ships and aircraft
H060	Describe the difference between the primary and support functions of the repair locker
H063	Identify Navy ship hull nomenclatures, superstructures, and components
H064	Identify types of Navy ships and aircraft
<u>P</u>	CAREER INFORMATION
P241	Describe the purpose of various force shaping programs (e.g., Sailor 2025)
P242	Describe the requirements for advancement of Professional Apprentice Career Track (PACT) personnel
P259	Provide evaluation input sheet (e.g., brag sheet)
<u>R</u> R301	MANAGEMENT/ADMINISTRATION Describe the purpose of maintenance programs (e.g., Personnel Qualification Standard (PQS) 301, Collateral Duty Inspection (CDI), Quality Assurance Representative (QAR), etc.)
R321	Qualify to perform maintenance (e.g., Personnel Qualification Standard (PQS) 301, Collateral Duty Inspection (CDI), Quality Assurance Representative (QAR), etc.)
<u>U</u> U349	ORGANIZATION Describe Navy ship watch stations and functions
<u>X</u> X457	<u>SECURITY REQUIREMENTS</u> Summarize the authority and function of Military Police, Shore Patrol, and Armed Sentries
X459	Understand and employ Operations Security (OPSEC)
<u>Y</u> Y489	PROGRAMS AND POLICIES Describe the requirements for records management

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<u>P</u>	CAREER INFORMATION
P222	Define the requirements for advancement in rate and selection of Petty Officers (PO)
P230	Describe the function and use of Navy Enlisted Classification (NEC) codes
P233	Describe the incentives for reenlistment and special duty
P257	Prepare commissioning program application
P263	Research Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) commissioning eligibility requirements
<u>Q</u>	TRAINING
Q274	Describe the purpose and benefits of the Navy College Program (NCP)
Q282	Identify the requirements for Tuition Assistance (TA)
<u>R</u> R322	MANAGEMENT/ADMINISTRATION Requisition supplies and materials through the News supply eveters
R3ZZ	Requisition supplies and materials through the Navy supply system

<u>A</u>	WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL
A010	Stand Petty Officer (PO) military watches (e.g., Petty Officer of the Watch (POOW), Master-at-Arms (MAA), Shore Patrol, etc.)
<u>I</u> l111	SAFETY Instruct personnel in work-related hazards, safety precautions, and in the use and maintenance of Personal Protective Equipment (PPE) and clothing
<u>М</u> М167	<u>DAMAGE CONTROL</u> Define the shipboard piping identification coding system
M177	Make damage control closure log entries
<u>O</u> O209	MILITARY JUSTICE Explain the proceedings leading to Captain's Mast
P P217	<u>CAREER INFORMATION</u> Apply for requisitions (e.g., Permanent Change of Station (PCS) via MyNavy Assignment)
P218	Assist in indoctrinating newly reporting personnel (e.g., active/reserve junior personnel civilian familiarization with Navy culture, etc.)
P223	Define the types of duty classification codes
P229	Describe the contents of and how to access the Official Military Personnel File (OMPF)
P236	Describe the programs for awards, commendations, and personnel recognition
P250	Explain the purpose and scope of the Department of Defense/Navy (DoD/DON) fleet reserve, High Year Tenure (HYT), and retirement programs (e.g., traditional, Blended Retirement System (BRS))
P262	Provide Navy career information to junior personnel
P264	State the opportunities for rating-/military-specific education and training
<u>R</u> R302	MANAGEMENT/ADMINISTRATION Explain the responsibility of signature (by direction) authority
R304	Identify the components of a Naval message
R306	Maintain manuals, publications, and directives
R312	Prepare Naval correspondence
<u>T</u> T337	CUSTOMS, TRADITIONS AND COURTESIES Describe the traditions related to ceremonies and honors
<u>U</u> U353	ORGANIZATION Identify names, abbreviations, and associated missions of Navy commands

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<u>v</u> V361	LEADERSHIP/SUPERVISION Apprise immediate supervisors of subordinates' performance
V365	Assess progress of and provide immediate feedback on subordinates' job performance
V385	Describe Navy process improvement strategies such as just-in-time training, Continuous Process Improvement (CPI), and human resource management (e.g., Sailor 2025, Airspeed, MyNavy HR, etc.)
V390	Determine availability of supplies, equipment, and tools required by subordinates
V397	Evaluate completed assignments of subordinates for quality, completeness, and timeliness
V400	Evaluate subordinates' suggestions to improve job performance and make appropriate recommendations to immediate supervisor
V403	Identify the fundamentals of leadership
V428	Provide rating-specific expertise to subordinates
V433	Report job progress to immediate supervisor
V434	Resolve conflicts or differences between subordinates
V441	Translate assignments from the immediate supervisor into specific tasks for subordinates (e.g., repair team, work party, watch, etc.)
V448	Verify subordinates are using Operational Risk Management (ORM) while accomplishing tasks
<u>Y</u> Y504	PROGRAMS AND POLICIES Provide information services available to Sailors and their families (e.g., financial literacy, marriage and family counseling, religious services, etc.)

<u>A</u> A008	WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL Stand duty as a Section Leader
A011	Stand watch as a departmental representative
<u>C</u> C018	DRILL AND FORMATION Perform military courtesies as a formation leader
E E051 E052	FORCE PROTECTION Train personnel in procedures pertaining to bomb threats Train personnel in the safeguards against acts of terrorism and victimization
<u>I</u> 1067 1105 1107 1109	SAFETY Conduct safety awareness training Explain the four principles of Operational Risk Management (ORM) Explain the three levels of Operational Risk Management (ORM) Identify the five steps in the deliberate Operational Risk Management (ORM) process
1115	State the Navy Safety and Occupational Health Program maintenance procedures to divisions/departments
I116	Supervise work center and job site safety operations
<u>P</u> P219	CAREER INFORMATION Define and perform sponsorship duties
P228	Describe the Chief Petty Officer (CPO), Senior Chief Petty Officer (SCPO), and Master Chief Petty Officer (MCPO) advancement and selection procedures
P254	Perform the duties and responsibilities of a mentor
P266	State the requirements for Navy Enlisted Warfare Specialist designations
Q Q283	TRAINING Identify the resources for obtaining training quotas for Navy courses
Q285	Perform the duties and responsibilities of a Training Petty Officer (TPO)
Q288	Provide input to command indoctrination and training programs
Q290	Train personnel using demonstration, discussion, and lecture methods
Q295	Verify the progress and quality of command's indoctrination programs
<u>R</u> R297	MANAGEMENT/ADMINISTRATION Conduct Planned Maintenance System (PMS) Spot Checks
R300	Describe the duties of the Leading Petty Officer (LPO)
R303	Identify person/s authorized to sign official Navy documents
R310	Prepare and present briefings
R323	Supervise maintenance actions
R326	Verify maintenance documentation
<u>T</u> T335	<u>CUSTOMS, TRADITIONS AND COURTESIES</u> Describe the procedures for ceremonial events (e.g., Change of Command (CoC), retirements, commissioning, burials-at-sea, etc.)

<u>U</u> U350	ORGANIZATION Describe the mission and function of: the President, Secretary of Defense, Secretaries
0330	of the Military departments, Chairman and Joint Chiefs of Staff, unified and specified commands of the U.S. Armed Forces
<u>v</u>	LEADERSHIP/SUPERVISION
V362	Assess and report material and personnel readiness for shifts, offices, or work centers
V371	Conduct functions within quarters (e.g., muster, plan of the day/week (POD/POW), inspections, Sailor's Creed review, etc.)
V376	Coordinate availability of tools, supplies, equipment, and parts to perform tasks
V379	Counsel subordinates on personal performance
V393	Direct daily work center assignments
V394	Document progress of subordinates' job performance
V396	Establish and publish daily work schedules for shifts, offices, or work centers
V399	Evaluate subordinates' qualifications to perform tasks
V413	Prepare for command inspections
V424	Provide informal counsel to senior personnel (e.g., department/division-related programs processes and procedures, etc.)
V429	Recommend formal reward or recognition for subordinates
V431	Recommend, administer and/or evaluate implementation of policy statements, operation orders, and directives
V437	Supervise individuals assigned extra military instruction, extension of working hours, and withholding of privileges
V438	Supervise the divisional Job Qualification Requirements (JQR) and Personnel Qualification Standards (PQS) programs
V443	Translate daily work requirements from immediate supervisor into specific assignments for work centers
<u>X</u> X458	SECURITY REQUIREMENTS Train personnel in the security policies, requirements, and procedures for handling classified material and information
<u>Y</u>	PROGRAMS AND POLICIES
<u>Y</u> Y470	Define the supervisor's role in managing risk
Y474	Describe the Command Resilience Team (CRT) process
Y475	Describe the Command Training Team (CTT) process
Y478	Describe the methods for making informed risk decisions, including understanding risk control types, the effects of controls, and the understanding of residual risk
Y493	Explain the Navy's policy on suicide prevention (OPNAVINST 1720.4 series)
Y501	Identify the key personnel and their responsibilities in integrating risk management within the unit
Y507	Supervise implementation of the Navy's Pride and Professional (NP&P) program (e.g., fraud, waste, abuse: Navy Core Values: equal opportunity, etc.)

<u>A</u> A005	WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL Monitor watch, quarter, and station bill assignments/activities to ensure personnel assignments are in accordance with specific watch/station requirements or professional assignment goals (e.g., Sailor expertise, physical standards, need for collateral duty opportunities, etc.)
A006	Prepare, maintain, and assign personnel to watch, quarter, and station bills
A007	Provide enlisted watchbill recommendations
A014	Verify assignment of personnel to watch, quarter, and station bills
<u>C</u> C015	DRILL AND FORMATION Conduct personnel inspections
C020	Prepare and present personnel for presentation at inspections, quarters, and ceremonial events
<u>D</u> D021	UNIFORMS Conduct seabag inspections
D024	Describe the history/heritage of Navy uniforms
D041	Perform uniform inspections
D043	State the authority to prescribe uniforms
<u>Н</u> Н058	SHIPS & AIRCRAFT CHARACTERISTICS Assist with locker leader operations
<u>O</u> O205	MILITARY JUSTICE Describe the purpose of the report of disposition and offense
P P248	CAREER INFORMATION Explain how to apply for Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) commissioning programs
P249	Explain the purpose and procedures of the enlisted retention board
P253	Participate on Career Development Boards (CDB)
P258	Provide career management program information to junior personnel (e.g., First Term Success Workshop (FTSW), Career Development Boards (CDB), continuation boards, etc.)
P260	Provide financial management information and referrals to junior personnel
Q Q268 Q277	TRAINING Administer training programs (e.g., organize, schedule, evaluate, etc.) Develop and verify the progress and quality of command's training programs
Q278	Explain Sailors' Learning and Development Roadmap (LaDR) prior to Career Development Boards (CDB)
Q286	Perform training program operations (e.g., plan, coordinate, direct, etc.)
Q287	Plan and direct personnel training

<u>R</u> R299	MANAGEMENT/ADMINISTRATION Coordinate taskers with departments, services, and government agencies
R309	Perform the duties of the Leading Petty Officer (LPO)
R311	Prepare enlisted personnel performance evaluations
R324	Validate maintenance documents
<u>U</u> U354	ORGANIZATION Provide recommendations to command's Standard Organization and Regulations Manual (SORM)
<u>v</u>	LEADERSHIP/SUPERVISION
<u>V</u> V367	Assess, report, and track division material and personnel readiness
V373	Conduct semi-annual performance counseling to enlisted personnel
V378	Counsel enlisted personnel on personal and professional matters/performance
V380	Define the procedures for conducting Career Development Boards (CDB)
V383	Delegate authority to subordinates to perform division functions
V389	Describe the purpose of the Casualty Assistance Calls Officer (CACO)
V391	Develop Plan of Action and Milestones (POA&M)
V395	Draft formal award or recognition recommendations for assigned subordinates for division and/or department level review
V398	Evaluate specific assignments to determine timelines and required resources
V401	Explain the Navy's primary strategy for improving mission readiness
V402	Identify inter-departmental differences
V407	Manage implementation of divisional policies
V412	Prepare evaluations for junior personnel
V415	Prioritize overall division tasking
V416	Prioritize overall job tasks for shifts, offices or work centers
V417	Provide career counsel and supervision to division/department personnel (i.e., Career Waypoints (C-Way))
V425	Provide leadership in support of command management policies (e.g., Sailor of the Year (SOY), Navy Morale Welfare and Recreation (MWR), Navy Command Managed Equal Opportunity (CMEO), Navy Sexual Assault Prevention and Response (SAPR), etc.)
V430	Recommend subordinates for assignment to command or departmental collateral duties
V432	Refer personnel with problems beyond the capability of the command to appropriate resources
V436	Review operational schedules to build division work schedules and timelines
V439	Track progress of departmental programs (e.g., Quality Assurance (QA), training, safety, etc.)
V442	Translate command or departmental instructions and documents into division work requirements

<u>X</u> X449	Assess communications vulnerabilities to critical information and make recommendations for countermeasures
<u>Y</u> Y462	PROGRAMS AND POLICIES Define procedures for conducting zone inspections
Y497	Identify controls and resources that the command can create and use to reduce risk to personnel (reduce risk-to-force)

<u>A</u> A001	WATCHSTANDING AND WATCH, QUARTER, AND STATION BILL Advise the Chain of Command (CoC) on the currency of the command's watch, quarter, and station bills
A002	Coordinate the preparation and assignment of personnel to departmental watch, quarter, and station bills
<u>C</u> C019	DRILL AND FORMATION Plan and coordinate inspections, quarters, and ceremonial events
<u>O</u> O199	MILITARY JUSTICE Advise Chain of Command (CoC) on matters of good order and discipline affecting the command
O201	Define the procedures for conducting Captain's Mast
O212	Perform the duties as a member of a Disciplinary Review Board (DRB)
O214	Perform the duties of a Preliminary Investigation Officer (PIO)
P P232	CAREER INFORMATION Describe the importance of the Standards of Conduct boards
P246	Describe the roles and functions of the Command Senior Enlisted Leadership (CSEL) Program
P247	Describe the roles and functions of the Master Chief Petty Officer of the Navy (MCPON), Fleet/Force Master Chief (FLTCM/FORCM), Command Master Chief (CMDCM), and Command Senior Chief (CMDCS)
P251	Explain the purposes and benefits of the Command Senior Enlisted Academy (CSEA) and service academies and provide the eligibility requirements information to personnel
P261	Provide Fleet or Force and Command Master Chief (CMC) programs information to junior personnel
<u>Q</u> Q289	TRAINING Train junior officers
<u>R</u> R296	MANAGEMENT/ADMINISTRATION Assess enlisted personnel performance evaluations
R298	Coordinate administrative, material and/or operational readiness inspections and/or inspections preparations
R307	Manage force structure and readiness via the Navy's career management systems (e.g., MyNavy Assignment (MNA), Billet Based Distribution (BBD))
R313	Prepare point papers, instructions, and directives
R316	Provide actionable departmental manning recommendations based on department documents and processes
R317	Provide divisional budget input
R318	Provide guidance to enlisted personnel in the preparation of performance evaluations

<u>R</u>	MANAGEMENT/ADMINISTRATION (CONT'D)
R319	Provide inputs to manpower change requests
R320	Provide Temporary Assigned Duty (TAD) travel after action reports
R325	Verify leave and liberty schedules are within policy
<u>U</u> U355	ORGANIZATION Review and submit changes to command's Standard Organization and Regulations Manual (SORM)
<u>v</u>	LEADERSHIP/SUPERVISION
V358	Advise Chain of Command (CoC) on enlisted personnel matters
V360	Advise personnel on standards of performance and conduct
V363	Assess and report command or unit material and personnel readiness
V364	Assess division material and personnel readiness
V366	Assess, report, and track department material and personnel readiness
V368	Assist the branch or division officer in the development of policy
V375	Coordinate and evaluate status and impact of division work with other divisions
V377	Coordinate departmental level work schedules
V392	Develop policy statements, operations orders, and directives
V404	Incorporate key components of Naval history and heritage in training plans and Sailor development programs
V406	Manage departmental programs (e.g., Quality Assurance (QA), training, safety, etc.)
V408	Mediate identified inter-departmental differences
V409	Monitor and provide process improvement input to command programs (e.g., Sailor of the Year (SOY), Navy Sponsorship, etc.)
V418	Provide draft of formal award or special recognition recommendations for Chain of Command (CoC) review
V421	Provide guidance to junior officers in developing leadership skills
V423	Provide guidance to the Leading Petty Officer (LPO) on job task performance
V427	Provide program and technical direction at the departmental level
V435	Review operational schedules to build department work schedules and timelines
V444	Translate Navy and command-specific polices into organizational requirements
V445	Verify basic and traditional communication practices (e.g., Sailor-led General Military Training (GMT), quarters for muster, instructions, inspections, etc.)
V447	Verify implementation of divisional policies
<u>X</u> X454	SECURITY REQUIREMENTS Describe the basic policies of the Navy's information and personnel security program (as provided via the Senior Enlisted Joint Professional Military Education (SEJPME))

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<u>Y</u>	PROGRAMS AND POLICIES
Y464	Define the duties of Casualty Assistance Calls Officer (CACO)
Y499	Identify external resources to support the command's integration and implementation of risk management concepts and processes
Y505	Specify the five factors that Commanders consider when approving a request for religious accommodation

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<u>O</u> O213	MILITARY JUSTICE Perform the duties as Chairman of a Disciplinary Review Board (DRB)
<u>V</u> V374	<u>LEADERSHIP/SUPERVISION</u> Coordinate and evaluate status and impact of department work on other departments
V382	Delegate authority for department functions
V410	Monitor assignment and utilization of department personnel
V414	Prioritize overall department work
V420	Provide guidance on job performance to division Chief Petty Officers (CPO)
V440	Track progress of overall department work efforts
V446	Verify division supervisor submissions of formal award or recognition recommendations
<u>Y</u> Y476	PROGRAMS AND POLICIES Describe the importance of measuring the effectiveness of risk management within assigned command
Y494	Explain the prioritization and utilization of limited resources in managing risk to ensure mission success

<u>R</u> R315	MANAGEMENT/ADMINISTRATION Provide actionable command-level manning recommendations based on command documents and processes
<u>V</u> V359	<u>LEADERSHIP/SUPERVISION</u> Advise Commanding Officer (CO) on formulation and implementation changes in policy affecting the enlisted force
V369	Assist the Department Head (DH) with policy development
V370	Brief commanders on controls and resources that can be created and used to reduce risk to personnel (reduce risk-to-force) and operations (risk-to mission)
V372	Conduct midterm evaluations on senior enlisted leadership
V419	Provide formal counsel to senior personnel (e.g., Drug and Alcohol Program Adviser (DAPA) screenings, Command Managed Equal Opportunity (CMEO), Physical Fitness Assessment (PRA) failures, etc.)
V422	Provide guidance to senior enlisted in developing leadership skills (e.g., experienced/personal perspective, crew perspective, leadership style onsiderations/principles, etc.)
V426	Provide leadership in the Chief Petty Officer's (CPO) mess
<u>Y</u> Y498	PROGRAMS AND POLICIES Identify controls and resources that the command can create and use to reduce risk to operations (reduce risk-to-mission)