



Highlight of the Month: Critical 101 Days of Summer

[Critical 101 Days of Summer](#) is a vital awareness initiative designed to address substance misuse and excessive alcohol use among Sailors while emphasizing the importance of safety, prevention, and operational readiness. Summer is a time for relaxation and recreation, but it also poses unique risks that can jeopardize individual health, mission readiness, and unit effectiveness.

During the warmer months, off-duty incidents often increase, fueled by risky behaviors and impaired decision-making associated with substance misuse and alcohol consumption. This initiative makes it clear: safety doesn't take a vacation. By taking proactive steps, Commands and Sailors can maintain their focus on mission readiness while fostering a healthier and more supportive environment.

Awareness and Prevention: [Education](#) is key and Commands are encouraged to initiate conversations, provide resources, and plan outreach campaigns that highlight the dangers of substance misuse and binge drinking. Promoting responsible decision-making during the summer months is critical to protecting Sailors and their families.

Operational Readiness: Substance misuse and excessive alcohol use can jeopardize mission success. Staying sharp, alert, and ready protects not only individual Sailors but also the team that counts on them.

Peer Support: Encouraging Sailors to look out for one another creates a culture of accountability and reinforces the importance of making responsible choices. Be the kind of shipmate who supports others and sets positive examples.

Stay focused and safe this summer. Together, we can ensure every Sailor is prepared to make responsible decisions throughout the Critical 101 Days of Summer!

Primary Prevention Team: National Prevention Week

[National Prevention Week](#) is a week-long national observance that encourages communities to promote prevention strategies that strengthen protective factors, build resilience, and reduce risks associated with substance misuse and mental health challenges. Highlighting evidence-based approaches helps, but awareness alone does not drive action. This is an opportunity to take action by exploring Navy approved campaigns that provide accessible resources that support prevention efforts.

The MyNavy HR Prevention Toolkit [Campaigns](#) Tab offers approved, practical, ready-to-use resources that can be used by all, even during deployment. The *Own Your Limits* campaign offers interactive tools such as Drink Size, BAC, and alcohol cost calculators. These are quick, personal tools that help users understand how alcohol misuse can impact mental health, performance, and finances. The *Too Much to Lose* campaign highlights the potential consequences Sailors may face from substance misuse that could impact their careers and personal lives. *You Can Quit 2* provides structured support for tobacco and nicotine cessation, including digital tools and messaging that can be shared directly with those who may be ready to quit.

For DAPAs, ADCOs, and command leaders, the *For Professionals* tab within these campaigns offers presentations, talking points, and print materials that can be integrated into briefings, stand downs, or small group discussions. These public facing resources can also be shared beyond the fleet with family, peers, and veterans to extend prevention messaging and support.

These campaigns provide current tools, relatable scenarios, and accessible resources that make prevention strategies easier to understand and apply. During National Prevention Week, encourage communities to explore at least one campaign, share one tool, and start conversations that support awareness of substance misuse and mental health.

You Tube

Messages to Share:

- Register for the OPNAV N173 webinar [AM](#) or [PM](#) sessions.
- Registration for FY 26 fleetwide prevention webinars are open! Visit the [Prevention Toolkit](#) to register.
- May: [Mental Health Awareness Month](#), is advised to raise awareness and provide resources for mental health. Mental health and substance use disorders share some underlying causes learn more [here](#).
- May 10-16: [National Prevention Week](#) highlights awareness and substance misuse prevention while promoting positive mental health.
- MAY 22-SEPT 7: [Critical 101 Days of Summer](#) a Navy and Marine Corps initiative promoting risks associated with off-duty recreation and summertime activities.

SPOTLIGHT: Webinar/Training/ Prevention Power-Up

Webinar: UPC Roles and Responsibilities
Date: [MAY 07](#)

Webinar: Navigating Alcohol with Awareness
Date: [MAY 14](#)

Webinar: [No Webinar](#) Federal Holiday – Memorial Day
Date: [MAY 21](#)

Webinar: RESFOR Separation Brief
Date: [MAY 28](#)

Training: CMTs
Link: [Click Here](#)

Training: ADAMS & UPC Course
Link: [Navy e-Learning](#)

Training: DAPA Courses
Link: [CANTRAC](#)



Systems Team: FY 26 Compliance Testing

For fiscal year 2026, are you on track to meet the Navy and Department of War (DoW) annual 100% testing requirement? At this point, each command should have tested more than 50% of its assigned personnel. A "tested" status requires a recorded negative or positive result.

OPNAVINST 5350.4E and DoDI 1010.01 require service members to be tested at least once annually. To meet this requirement, the Navy has implemented multiple strategies to accomplish this, including, but not limited to, the following:

- **Monthly Random Testing:** Conducting a minimum of four random test days each month at fifteen percent of total assigned personnel (using the IR premise code).
- **New Check-in Testing:** Testing all newly reporting personnel (using the IU premise code).
- **Command-Wide Sweeps:** Authorized to conduct up to five command-wide unit sweeps (using the IU premise code).

Lastly, commands are required to conduct an end of fiscal year unit sweep for all Navy service members using the IU premise code, who do not have a negative or positive result reported in the iFTDTL. Commands are strongly encouraged to complete this end of year testing by August 31st of each fiscal year, leaving the month of September for any remaining personnel. As of April 1, 2026, the Navy's testing rate is 68% tested and 32% not tested.

If a command recognizes early that it will not meet the end of year testing requirement by September 30th, it must notify the ISIC ADCO and/or OPNAV for guidance. Some situations may be solvable before the end of year deadline.



The above depiction is an Adobe Stock photo of testing tubes.

ACTIVE DUTY	RESERVES	OVERALL
HAVE TESTED: 71%	Have Tested: 50%	Have Tested: 68%
HAVE NOT TESTED: 29%	Have Not Tested: 50%	Have Not Tested: 32%

FY 26 100% COMPLIANCE TESTING AS OF 01 April 2026 (Source: ADMITS/IFTDTL)				
ACTIVE DUTY				
Total # of Active-Duty Members	Current Total Number of Members Tested	Current Total Percentage of Members Tested	Current Total Number of Members Not Tested	Current Total Percentage of Members Not Tested
340390	241495	71%	98895	29%
RESERVES				
Total # of Reserve Members	Current Total Number of Members Tested	Current Total Percentage of Members Tested	Current Total Number of Members Not Tested	Current Total Percentage of Members Not Tested
65183	32284	50%	32899	50%
TOTALS				
Total # of Active Duty & Reserve Members	Current Total Number of Members Tested	Current Total Percentage of Members Tested	Current Total Number of Members Not Tested	Current Total Percentage of Members Not Tested
405573	273779	68%	131794	32%



2026 Nominations: Annual Drug Demand Reduction Awards

Does your unit or command lead the way in substance misuse prevention and community outreach? The Office of the Under Secretary of War is now accepting nominations for the 2026 DoW Drug Demand Reduction Program Awards, including the *Community Drug Awareness Awards* and the *Fulcrum Shield Award*. These honors recognize commands with exceptional leadership in promoting a healthy, readiness-focused, drug-free force while supporting the national Red Ribbon Week campaign.

What is Red Ribbon Week?

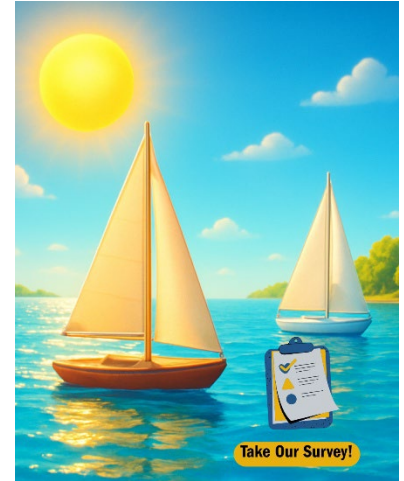
Held each October, Red Ribbon Week is the nation's largest drug prevention awareness effort. It honors DEA Special Agent Enrique "Kiki" Camarena, who lost his life combating drug trafficking. Red Ribbon Week unites communities to promote education, prevention, and action against substance misuse. By participating, your command affirms its dedication to both force readiness and the well-being of military families.

Highlight your command's achievements—whether through public education, innovative programs, partnerships, or community outreach—that strengthen support for drug-free living and inspire others to do the same.

Nomination Details:

- Deadline: Submissions due 26 June 2026 (late nominations not accepted).
- Email: N173Admin@us.navy.mil
- Questions: Contact Mr. Allen Moore at 901-874-3338 or visit the website [here](#).

Take pride in your programs, showcase your commitment, and help us spotlight organizations that are making a lasting impact in our military and local communities. Submit your nominations today!



[Take Our Survey!](#) Click the image above to participate in the N173 Newsletter survey. Share your feedback and provide suggestions on upcoming newsletter topics.

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Navy Substance Prevention & Deterrence Branch

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The OPNAV N173 Navy Substance Prevention & Deterrence office was established in 1982. The foundation of our office is sustained by our pursuit to support Fleet readiness by combating illegal and illicit substance and alcohol misuse. Our mission is to provide comprehensive education, resources, trainings, and enact policy updates to ensure Sailors receive proper awareness to form career-forwarding decisions. Within our office, whole health matters and this is reflected with our Primary Prevention team, the Alcohol and Drug Management Information and Tracking System (ADMITS), Internet Forensic Toxicology Drug Testing Laboratory Portal (iFTDTL), the Web Drug Testing Program (WebDTP) and other pro-grams that increase prevention efforts.

For more information, contact our office by using the phone and email information on this page or use the QRcode to view our webpage.



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