

NATIONAL PRESCRIPTION DRUG TAKE BACK DAY



National Prescription Drug Take Back is a bi-annual event that occurs on the last Saturdays of April and October. The next event is on 27 April 2024. For Sailors, this observation serves as a good reminder to organize your medicine cabinet and properly dispose of unused medications (e.g.: both prescription and over-the-counter drugs, ointments, creams, lotions, powders, and liquid medicines up to four ounces) both for your own well-being, and for the safety of family members.

For more information on how to dispose of your unused prescription medications, please visit the **Prevention Toolkit (PTK)** on MyNavyHR or **contact the Prevention Force** (N17_primaryprev.fct@us.navy.mil).

SATURDAY
27 APRIL 2024

DID YOU
KNOW?

ONE-THIRD

Nearly one-third of veteran suicide attempts involve prescription medicine.

70%

of prescription pain medication misuse involves drugs obtained from friends or relatives, according to the Office of National Drug Control Policy.

7%

According to the 2019 Youth Risk Behavior Survey, slightly more than 7% of high school students reported current misuse of prescription drugs.



VISIT THE
PREVENTION
TOOLKIT



FORGED
BY THE SEA
CULTURE OF
EXCELLENCE 2.0