



Veterans Crisis Line

DIAL 988 then **PRESS 1**



**24/7 confidential crisis support for active duty,
veterans and their loved ones**

If you're a service member in crisis or concerned about one,
contact the Veterans Crisis Line to reach caring, trained responders
24 hours a day, 7 days a week.



**DIAL 988
then PRESS 1**



**TEXT
838255**



**Chat online at
VeteransCrisisLine.net/Chat**

**You're not alone - the Veterans Crisis Line is
open to all service members and veterans.**

**Scan the QR code to visit the
Veterans Crisis Line website.**



TEAR OFF AND TAKE



Veterans Crisis Line
DIAL 988 then **PRESS 1**

24/7 crisis support for service members



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