

# PROPERLY STORING YOUR FIREARM CAN HELP PREVENT SUICIDE

In 2023, **67%** of all Navy suicides involved a firearm.

- ✓ Suicidal crises can be brief, so delaying access to a firearm may prevent impulsive actions.
- ✓ Reducing access to lethal means like firearms during stressful times decreases the likelihood of death by suicide.



**LEARN MORE ABOUT LETHAL MEANS SAFETY**

## PUT SPACE BETWEEN THE THOUGHT AND THE TRIGGER

Here are some effective methods to securely store your firearms:



### Cable Lock

Offers basic protection by preventing accidental discharge and unauthorized use.



### Lockbox

Offers a moderate level of safety by securing firearms with a key, combination, or biometric lock.



### Gun Safe

Provides the highest level of safety, offering protection against unauthorized access, fire, and theft.

## VETERANS CRISIS LINE FOR ALL MILITARY **\*\*24/7, Confidential Crisis Support\*\***

### SEEKING HELP IS A SIGN OF STRENGTH.

If you or someone you know is considering suicide, call the Military Crisis Line:

Chat with a Crisis Line responder by text 838255 or through [VeteransCrisisLine.net/Chat](https://www.veteranscrisisline.net/Chat)

**CALLING FROM CONUS**  
Call 988 then Press 1

**CALLING FROM OCONUS**

**Europe:**  
Call +1 844-702-5495 (off base) or DSN 988 (on base)

**Southwest Asia:**  
Call +1 855-422-7719 (off base) or DSN 988 (on base)

**Pacific:**  
Call +1 844-702-5493 (off base) or DSN 988 (on base)

For more information, refer to [NAVADMIN 263/14](#) or visit Navy Suicide Prevention at [www.suicide.navy.mil](http://www.suicide.navy.mil) and [DoDI 6400.09](#) or visit the Defense Suicide Prevention Office at [www.dspo.mil](http://www.dspo.mil).

